

A.P.C. MAHALAXMI COLLEGE FOR WOMEN

THOOTHUKUDI - 2



CRITERION 3

SSR CYCLE IV

RESEARCH, INNOVATIONS AND EXTENSION

3.2. Innovation Ecosystem

3.2.1: Institution has created an ecosystem for Innovations, Indian Knowledge System (IKS), including awareness about IPR, establishment of IPR Cell, Incubation Centre and other initiatives for the creation and transfer of knowledge/technology and the outcomes of the same are evident

Contents

Indian Knowledge System	2
Celebration of Traditional Festival	2
International Year of Millets 2023 Celebration	12
Pongal Day Celebration	25
Short-Term Programme	26
Competition on Bharatha Natyam	28
Commemoration of International Archaeology Day	29
Webinar on Gender Equality in Indian Art	32
Essay Writing Competition on Cultural Tourism in India	35
Guest Lecture on History of Ancient Tamil Nadu	38
Workshop on Tamili Script Writing	41
Internship on 'Artefacts Protection' at Government Museum	44
Workshop on Tamil Etymology and Transcription	47

Indian Knowledge System

Celebration of Traditional Festival

04.10.2018 to 06.10.2018





Inauguration by Collector Thiru. Sandeep Nanduri













Traditional Dance



Golu (Display of Dolls and Figurines)



Photo Booth of a Traditional Roofed House



Exhibition of Artefacts



Exhibition of Earthenware



Exhibition of Hand Made Articles



Display of Jute Articles





Traditional Rides



Faculty in Traditional Handloom Wear

News Clippings





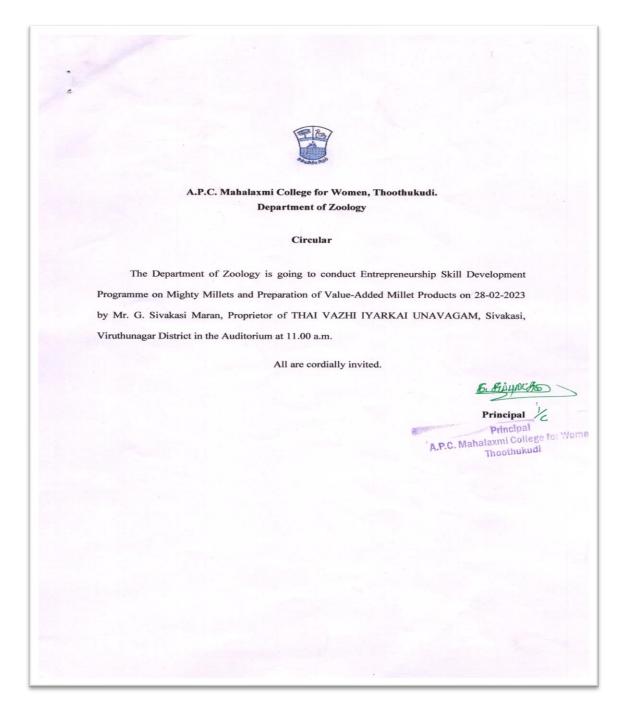


Magazine Article in Mangayar Malar (November 1-15. 2018)



International Year of Millets 2023 Celebration

Department of Zoology Mighty Millets and Preparation of Value – Added Millet Products



Entrepreneurship Development Programme on Mighty Millets and Preparation of Value-Added Millet Products Report 2022-2023

Entrepreneurship Development Programme on Mighty millets and preparation of Value-Added Millet Products was conducted by the Department of Zoology on 28-02-2023 at 11.00 a.m. in the Auditorium. Mr.G.Sivakasi Maran, Proprietor of THAI VAZHI IYARKAI UNAVAGAM, Sivakasi, Viruthunagar District was the Resource Person

The Resource Person explained the procedures to prepare Ragi biscuits, Pearl millet milk and Porridge, Ragi laddu and Barn yard millet Biriyani. He also explained the health benefits millet food. 129 students participated and got benefited. The students gained knowledge to prepare various recipes from millets to avoid junk foods and to eradicate health ailments.

Signature of the Principal Principal A.P.C. Mahalaxmi College for Women Thoothukudi





Department of English

A.P.C. Mahalaxmi College for Women, Thoothukudi – 2
P.G. & Research Department of English
International Year of Millets 2023
COOKING WITH MILLETS
REPORT

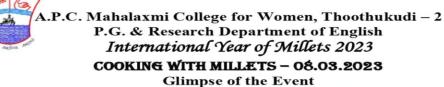
As a part of celebrating the "International Year of Millets 2023", on behalf of the P.G. & Research Department of English (Unaided), a cooking competition on the topic "Cooking with Millets" was organized by Mrs. A. Agnes Mary and Dr. G. Sharmely, Assistant Professors of English, on 8th March 2023 at 11 a.m. Dr. M. Pushpagavalli, Assistant Professor of Tamil, A.P.C. Mahalaxmi College for Women, Thoothukudi, acted as the judge for the competition. 18 students from English Literature participated in the competition. Food items displayed were a visual treat and were presented in an artistic and aesthetic style. The judge interacted with the participants to find out the ingredients and the nutritional value of the recipes. She appreciated the students for their active participation. She explained the benefits of millets. She also explained the necessary to choose healthy and balanced food that can provide enough nutritional value for our body. Ms. A. Athilakshmi Mathi, Ms. M. Baby Kasthuri Azhagi and Ms. G. Petchiammal of I B.A. English secured the first position, Ms. M. Ponmari, Ms. K. Ramya and Ms. M. Soundarya of I M.A. English bagged the second position and Ms. K. Abinaya, Ms. R. Ashwini Devi and Ms. A. Piroza of II M.A. English shared the third position. Students of English Literature were benefited by this competition.

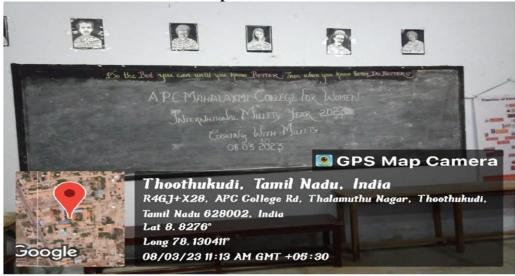
Monica Ramnaj Signature of the Head

Dr. MONICA RAMRAJ, MA, MPNL, Ph.D.,
ASSOCIATE PROFESSOR
HEAD OF THE DEPT. OF ENGLISH
A.P.C. MANALAYMI COLLEGE FOR WOMEN
TUTICORIN DISTRICT.

Monica Ramaj Signature of the Principal (i/c)

Photos

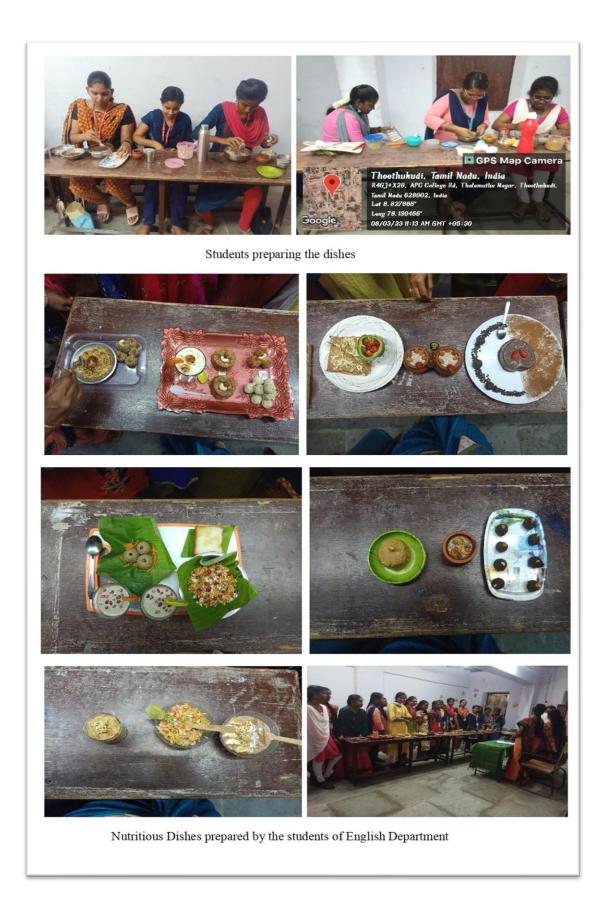




Competition on "Cooking with Millets"



Students of English Literature actively participated in the competition







Judge judging the dishes





Prize Distribution to the Winners & Runners



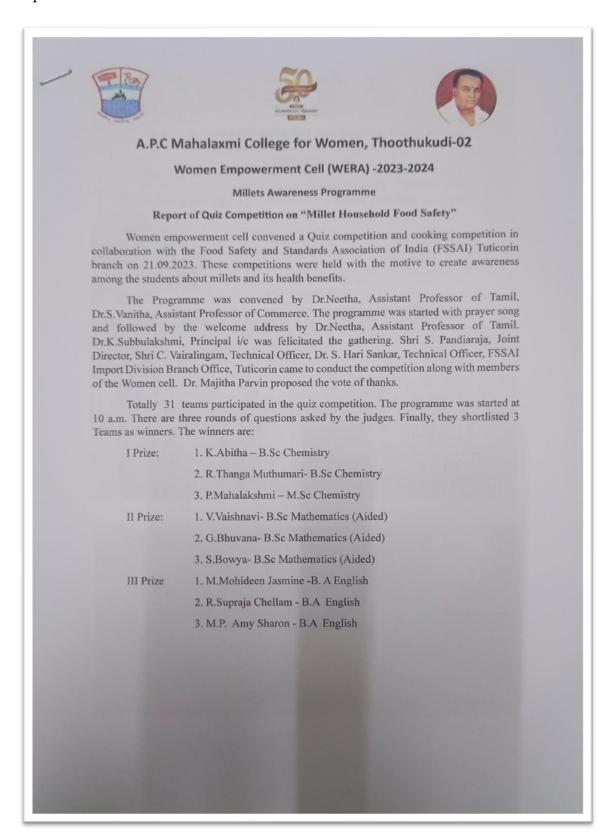


Competitions Conducted by the Women Empowerment Cell

Invitation



Report



Report of Cooking Competition on "Healthy Millet Recipes"

The women empowerment cell convened a Cooking competition and cooking competition in collaboration with the Food Safety and Standards Association of India (FSSAI) Tuticorin branch on 21.09.2023. These competitions were held with the motive to create awareness among the students about millets and its health benefits.

The Programme was convened by Dr.Neetha, Assistant Professor of Tamil, Dr.S. Vanitha, Assistant Professor of Commerce. The programme was started with prayer song and followed by the welcome address by Dr.Neetha, Assistant Professor of Tamil. Dr. K. Subbulakshmi, Principal i/c was felicitated the gathering. Shri S. Pandiaraja, Joint Director, Shri C. Vairalingam, Technical Officer, Dr. S. Hari Sankar, Technical Officer, FSSAI Import Division Branch Office, Tuticorin came to conduct the competition along with members of the Women cell. Dr. Majitha Parvin proposed the vote of thanks.

Totally 37 teams have participated in the cooking competition. The programme was started at 11. a.m. The questions related to the quantity of millet used to cook the recipes, preparation method, and amount spent are asked by the judges. Finally, they shortlisted 3 Teams as winners. The winners are:

I Prize: 1. P.Pavithra Vijayalakshmi- B.A Tamil

2. N.Sumithra devi - B.A Tamil

3. M.Muthulakshmi - B.A Tamil

4. S.Mahalakshmi- B.A Tamil

5. K.Mukila - B.A Tamil

II Prize: 1. L.Rajeshwari- II.B.Com (II Batch)

2. M. Varshini jothi. - II.B.Com (II Batch)

3. D.Sandhiya Krishna veni - II.B.Com (II Batch)

III Prize: 1. A. Mageswari – B.Sc Mathematics (Aided)

2. A. Shali Belinda – B.Sc Mathematics (Aided)

3. R. Loga Priya - B.Sc Mathematics (Aided)



Photos







Cooking Competition on Millet Recipes





Quiz Competition on Millet Household Food Safety

Pongal Day Celebration







Short-Term Programme

Yoga and Stress Management



Art and Architecture



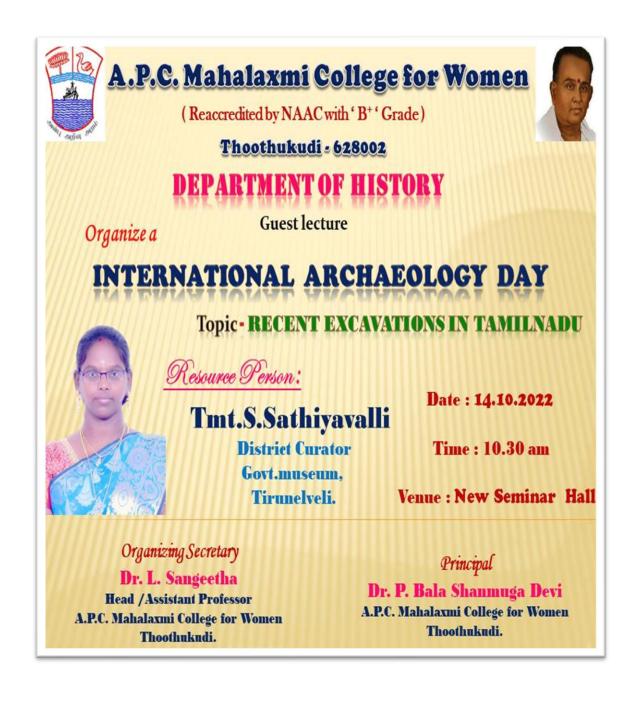
Competition on Bharatha Natyam





Traditional Dance

Commemoration of International Archaeology Day Invitation



Report

A.P.C. Mahalaxmi College for Women -Thoothukudi Report for Association Activity Department of History

Name of the Department	History
Kind of Programme	International Archaeology day
Programme Coordinator	DR. L. Sangeetha
Topic	Recent Excavation in Tamilnadu
Date and Time	14.10.2022
Resource Person	Tmt. S. Sathiyavalli, District Curator, Govt.Museum,Tirunelveli
Objectives	To create awareness among students about various archaeological excavation in various places of Tamilnadu. To create Knowledge about insights of archaeology and various courses available in this discipline.
Topics Discussed	The Speaker explained about various aspect and facts in archaeology. She gave detailed information about archaeological excavation in various places, and motivated the students to Pursue higher education in Archaeology
Number of Beneficiaries	158 students(I,II,III B.A History)
Venue	New Seminar Hall
Sponsoring Agency	Department of History
Registration Fee	-
Outcome	Students gained adequate knowledge about archaeology various course available in archaeology and archaeological excavation been happening in Tamilnadu.

Signature of the HoL

Dr. L. SANGEETHA
M.A (His), M.A (Soc), M. Phil, B.Ed, Ph. D, DGT, CFT, DTA
Assistant Professor & Head
Department of History
A.P.C Mahalaxmi College for Women
Thoothukudi - 628 002

Signature of the Principal PRINCIPAL

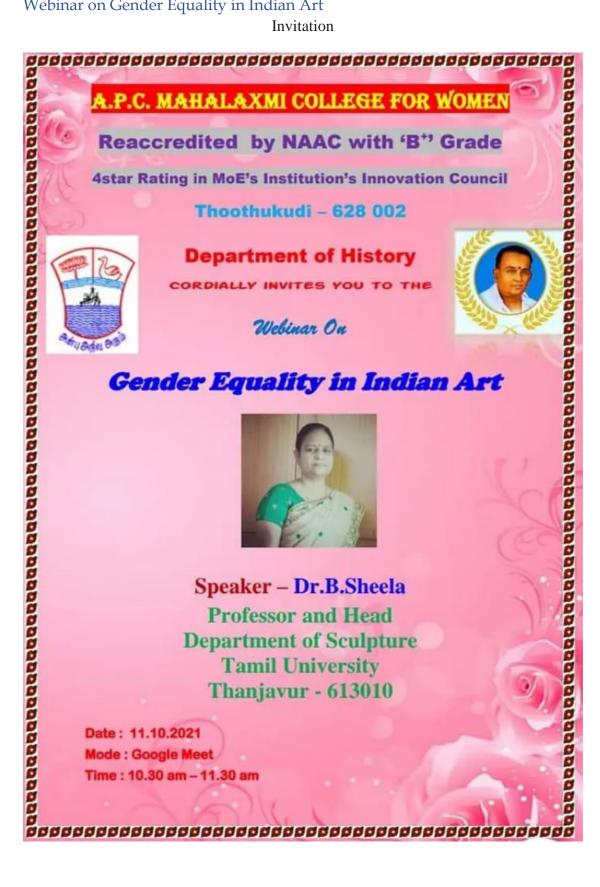
A.P.C. Mahalaxmi Gollogo For Women
TUTICORIN-2.

Photos





Webinar on Gender Equality in Indian Art Invitation



Report

A.P.C. Mahalaxmi College for Women - Thoothukudi

Report for Association Activity

Department of History

Name of the Department	History
Kind of Programme	Webinar
Programme Coordinator	Dr. L. Sangeetha
Торіс	Gender Equality in Indian Art
Date and Time	11.10.2021, (10.30 to 11.30 a.m)
Resource Person	Dr. B. Sheela Professor and Head, Department of Sculpture, Tamil University, Thanjavur,
Objectives	To enhance knowledge and raise awareness of gender issues
Topics Discussed	Importance of girl education, Goddesses Sakthi. Importance of Women Education Women Empowerment.
Number of Beneficiaries	141 students of I, II and III B.A History.
Venue	Online (Google Meet)
Sponsoring Agency	-
Registration Fee	-
Outcome	The Students came to know more about gender equality as depicted in India Art and also got motivation to imbibe gender equality and respect as core values.

Signature of the HoD

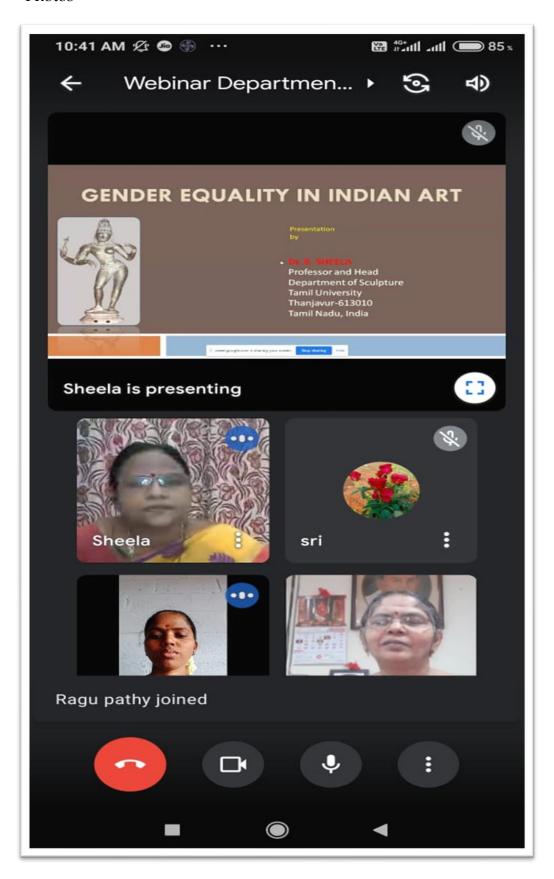
Dr. L. SANGEETHA M.A (His), M.A (Soc) , M. Phil, B.Ed, Ph. D, DGT, CFT, DTA Assistant Professor & Head Department of History

A.P.C Mahalaxmi College for Women
Thoothukudi - 628 002

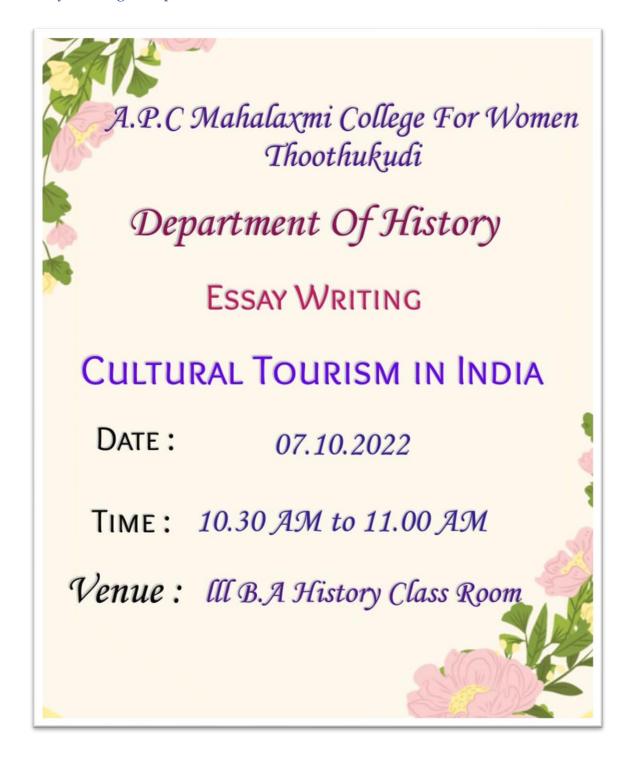
N. Nacrakumani

Signature of the Principal A.P.S. Mahalaxmi College Fet Wessen TUTICORIN-2.

Photos



Essay Writing Competition on Cultural Tourism in India



Report

A.P.C. Mahalaxmi College for Women -Thoothukudi

Report on Association Activity

Department of History

Name of the Department	History	
Kind of Programme	Essay Writing	
Programme Coordinator	Dr.L.Sangeetha	
Topic	Cultural Tourism in India	
Date and Time	7.10.2022,10.30 a.m to 11.00 a.m	
Resource Person		
Objectives	To get better knowledge onvarious culture. The most important goal of tourist policy is to connect the economic cultural, political, and intellectual advantages of tourism with people, place and Countries in a homogeneous way.	
Topics Discussed	Cultural tourism in India is concerned with a country or regions culture. Especially the life style of the people, their art, social interest and other elements help to shape their way of life.	
Number of Beneficiaries		
Venue	III B.A History Classroom	
Sponsoring Agency	Dr.L.Sangeetha	
Registration Fee	-	
Outcome	Cultural Tourism in India has witnessed a lot of growth in recent years for this growth to continue the government of India needs to take further proactive steps and measures.	

Dr. L. SANGEETHA M.A (His), M.A (Soc) ,M. Phil, B.Ed, Ph. D, DGT, CFT, DTA

Assistant Professor & Head
Department of History
A.P.C Mahalaxmi College for Women
Thoothukudi - 628 002

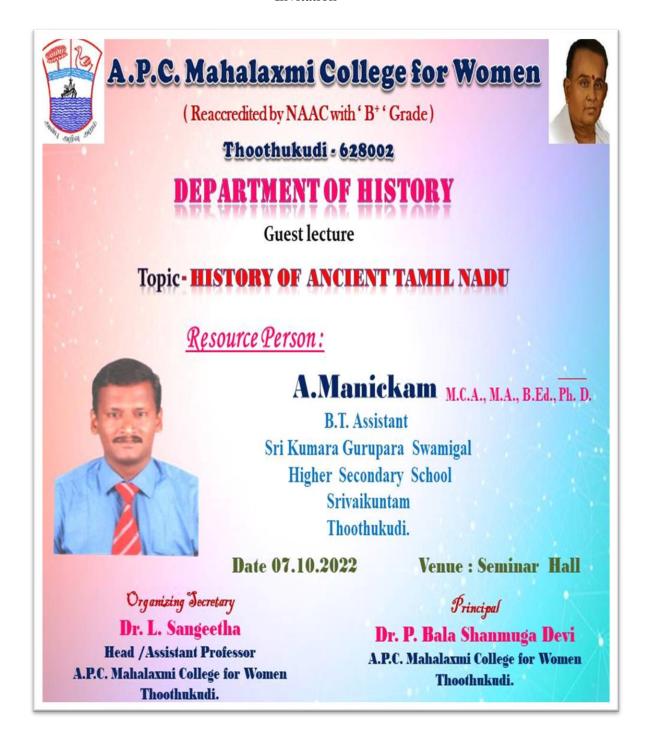
A.P.C. Mahalaxmi Gollege Fet Women TUTICORIN-2,





Guest Lecture on History of Ancient Tamil Nadu

Invitation



Report

Name of the Department	History	
	Guest Lecture	
Kind of Programme		
Programme Coordinator	Dr.L.Sangeetha	
Topic	History of Ancient Tamilnadu	
Date and Time	07.10.2022,10.30 to12.30	
Resource Person	Mr.A.Manickam B.T Assistant,Sri Kumara Gurupara Swamigal Higher Secondary Srivaikuntam,Thoothukudi.	
Objectives	Describe the geographical features of Tamilnadu Examine the archaeological and literary sources of Tamil History.	
Topics Discussed	The region of Tamilnadu in the southeast of modern india, show's the evidence of having had continuous human habitation. Throughout its history spanning the early upper Paleolithic age to modern times, the region has coexisted with various external cultures.	
Number of Beneficiaries	87 II,III B.A History Students	
Venue	Seminar Hall	
Sponsoring Agency	Department of History	
Registration Fee		
Outcome	Students Gained More Knowelege about Anicient History.	
M.A (His), M.A (Soc	L. SANGEETNA J.M. Phil, B.Ed, Ph. B, DGT, CFT, DTA ant Professor & Head A.P.C. Mahalaxmi College For Women TUTICORIN-2.	



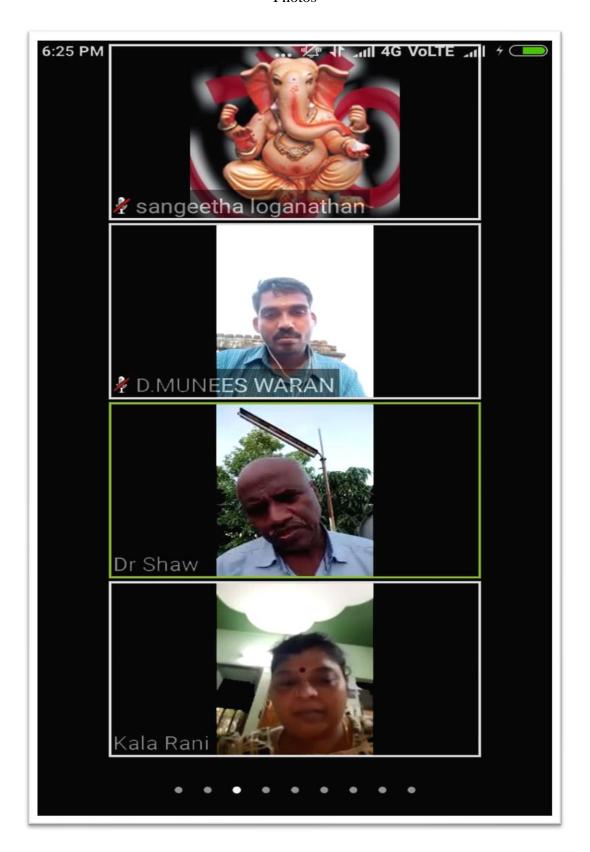


Workshop on Tamili Script Writing



Report

	Report for Association Activity	
Department of History		
Name of the Department	History	
Kind of Programme	Two days Online Workshop	
Programme Coordinator	Dr. L. Sangeetha	
Topic	Tamili Script Writing	
Date and Time	25.06.2020 to26.06.2020	
Resource Person	(10am to1p.m) Dr. D. Muneeswaran, Head & Assistant Professor of History, S.N. College, Madurai	
Objectives	To teach Tamili Script Writing	
Topics Discussed	Importance of inscriptions, how to read tamili script writing and inscription.	
Number of Beneficiaries	150 students	
Venue	Google Meet(Online mode)	
Sponsoring Agency	Department of History	
Registration Fee	-	
Outcome	Teachers and students gained good knowledge on script Writing They were equipped with the ability to read inscription in temple and gain information about our traditional and ancient practice gods, art architecture.	



Internship on 'Artefacts Protection' at Government Museum Photos







Internship Certificates











Regional Language Promotion by Department of Tamil

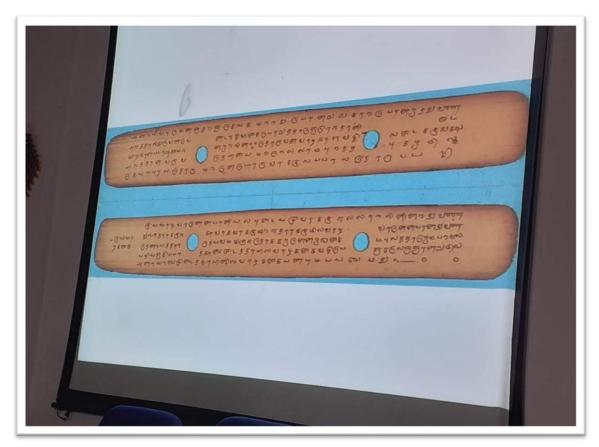
Workshop on Tamil Etymology and Transcription











The resource person demonstrates transcription