



A.P.C. MAHALAXMI COLLEGE FOR WOMEN

THOOTHUKUDI - 2



CRITERION 3

SSR CYCLE IV

RESEARCH, INNOVATIONS AND EXTENSION

3.3. Research Publication and Awards

3.3.2.1: Total number of books and chapters in edited volumes/books published and papers in national/ international conference proceedings year wise during last five years



A.P.C. MAHALAXMI COLLEGE FOR WOMEN

Thoothukudi- 628 002, Tamil Nadu.

To whomsoever it may concern

I hereby declare that the following details and documents are true to the best of my knowledge. They have been checked and verified.

3.3.2. Number of books, chapters and papers in conference proceedings

S. No	Academic Year	No. of Books	No. of Chapters	No. of Conference Proceedings	Total
1	2022-2023	23	25	43	91
2	2021-2022	09	16	19	44
3	2020-2021	14	10	25	49
4	2019-2020	16	15	29	60
5	2018-2019	02	06	06	14



K. Subbulakshmi

(Dr. K. SUBBULAKSHMI)

Principal i/c

Principal

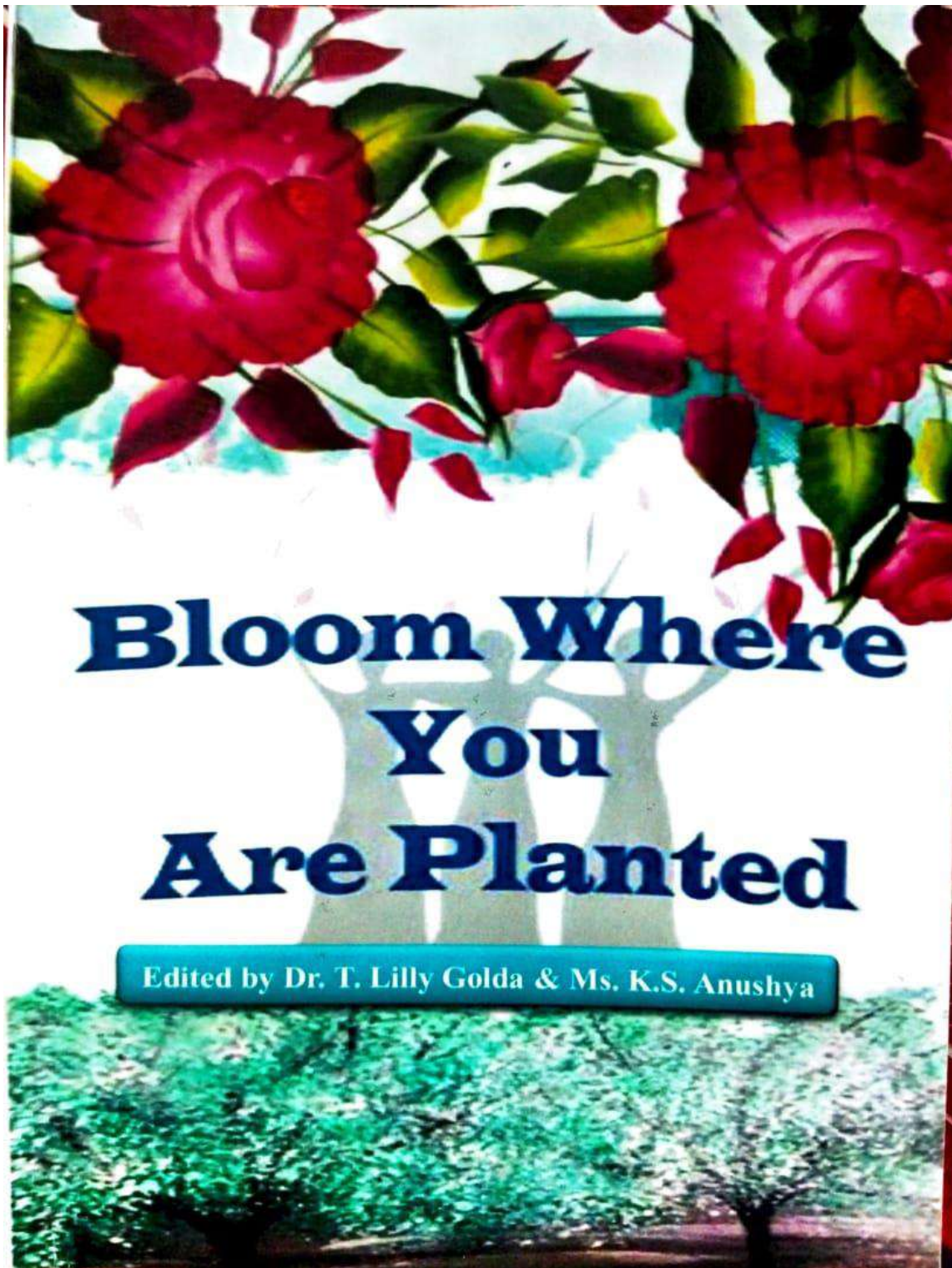
A.P.C. Mahalaxmi College for Women
Thoothukudi

2019-2020

Chapters

Contents

Dr. K. Sathya Bama - Role and Status of Women in India	5
Dr.K.Neetha - Women: The Eyes of Our Country	6
Dr.D.Shunmugapriya - Chemistry for Career.....	7
Dr.S.Vanitha - Top Ten Women Rights.....	8
Dr. D. Shanmuga Priya - Bloom Where you are Planted	8
Mrs. A.Agnesmary - Earn While You Learn	9
Miss. R. Vadivykkarasi - You are so much stronger than you think.....	10
Dr. R. Rajeswari - Women Emancipation is Primeval India Reminiscing the Custom.....	16
Dr. L. Sangeetha - Women Empowerment in india.....	17
Mrs. R. Durga Devi - Women Education In India	18
Dr. R. Samundeswari - Women and Media	19
Dr. S. Vanitha- Gender Equality and Women Employment.....	20
Dr. T. Chellammal - Women in Ancient India	21
Dr. R. Rajeswari- Women Empowerment Through Rural Employment.....	22
Dr. K. Jothilekshmi - Lockdown Learning.....	25
Dr. P. Gurulakshmi-Women Education	28



Contents		
S. No.	Topic	Page No.
1.	Role and Status of Women in India Dr. K. Sathya Bama	1
2.	Women: The Eyes of Our Country Dr. K. Neetha	7
3.	Top Ten Women's Rights Dr. N. Vanitha	11
4.	Legal Rights of Women Mrs. Geetha Pradeep	17
5.	Psychology for Women Mrs. Shunmuga Kailash	29
6.	Chemistry for Career Dr. D. Shanmuga Priya	34
7.	Computer Literacy for Women Mrs. J. Arockiya Jeyanthi	40
8.	Earn While You Learn Mrs. A. Agnes Mary	61
9.	Food Preservation Dr. Anita Albert	64
10.	Entrepreneur in the Making Dr. V. Sorna Lakshmi	73
11.	Women Entrepreneurship Mrs. N. Maisie Venontia Fernando	80

12.	You Are So Much Stronger Than You Think Ms. R. Vadivukarasi	86
13.	Fitness Empowers Mrs. Kavitha Manley	92
14.	Effective Communication to Enrich Women Mrs. C. Navukkarasi @Gomathy	99
15.	Breaking Through the Glass Ceiling: What it Takes for a Woman to Rise Above All Odds! A. Deena Mahalakshmi	103
16.	Inspiring Stories of Women in Various Fields Dr. A. Jasmine	114
17.	Super-Mom Empowered by Global Exposure Mrs. Geetha Chelliah	121
18.	Hone Your Soft Skills Mrs. Shyamala Ramesh Babu	128

1. Dr. K. Sathya Bama – Role and Status of Women in India

Bloom Where You Are Planted | 1

ROLE AND STATUS OF WOMEN IN INDIA

Dr. K. Sathya Bama,
Principal,
Associate Professor of Commerce,
A.P.C. Mahalaxmi College for Women,
Thoothukudi.



Traditionally, an Indian woman had four fold status-role sequences. These were her role as a daughter, wife, housewife (homemaker), and mother. The woman, whose status and role traditionally was well defined and almost fixed in the society, is now experiencing far-reaching changes. The woman in modern times is entering into certain new fields that were unknown to the woman's sphere of role-sets. They are activating participating in social, economic, and political activities. The women of the present generation have generally received higher education than the women of their preceding generation. There have been far reaching consequences in the economic status of their families.

Women's Role in Society:

The modern women are inclined towards the social issues, and trying hard to improve the social status of women at large. Increased awareness and education has inspired women to come out of the four walls of the home. Many woman actively supported and participated in the nationalist movement and secured eminent positions and offices in administration and public life in free India. Traditionally Indian women exist because of the family and for the family.

Just like their man counterpart, women are also fond of attending social functions and value her social life quite a lot. Previously, men-folk used to discourage women from leaving

“The flower that blooms in adversity is the most rare and beautiful of all.”

- Walt Disney

2. Dr.K.Neetha - Women: The Eyes of Our Country

Bloom Where You Are Planted | 7

WOMEN: THE EYES OF OUR COUNTRY

Dr. K. NEETHA, M.A., M.Phil., Ph.D.,
Assistant Professor of Tamil,
A.P.C. Mahalaxmi College for Women,
Thoothukudi



Human Society is double structured with both men and women. The Positions of men and women are not the same in the world. Women in some countries have been elevated to high positions and in some countries they are totally ill treated and their rights are violated. This condition varies according to the cultured and traditional background of the respective countries.

Even before the concept called “Feminism” came into existence, words such as feminine and feminine native were in use in the early days. Tamil dictionary defines the word feminine as the characteristics of female or the feminine nature. Thiru. V.Kalyanasundaranar Says that “Humbleness, Patience, Sacrifice, Generosity, Compromise, Beauty, Hospitality and Selfless Service are together called as feminine .The concept feminine also includes female thoughts and their action or behaviour. Through traditions it was taught to the women that She Should not be fearless, that means she has to be always under fear, to be Shy innocent and ignorant and not expressing her views fear means not been strong especially woman should not be stronger than man. She has to be submissive always. Innocent means ignorance. Even if a woman knows everything, she has to remain calm and silent and should show only her ignorance in everything. She is not allowed to express her knowledge. Shyness indicates hesitation it is projected that woman should always heritage and she can’t move further on her own.

“The flower that blooms in adversity is the most rare and beautiful of all.”

- Walt Disney

3. Dr.D.Shunmugapriya - Chemistry for Career

34 | Bloom Where You Are Planted

CHEMISTRY FOR CAREER

Dr. D. Shanmuga Priya
 Assistant Professor of Chemistry
 A.P.C. Mahalaxmi College for Women,
 Thoothukudi-2.



Applied Chemistry is the scientific field of understanding basic chemical properties of materials and for producing new materials with well-controlled functions. One often thinks of chemistry as some far off conceptual science of mixing exotic looking chemicals to make ridiculous explosions. This is not true at all. Everything you use from your clothes to the carton your milk comes in to the food you eat and the soap you wash your hands with is all chemistry.

Understanding how they work and what causes them to work has made me increasingly able to manipulate situations to my advantage. Simple things like cleaning rust off an old metal item or using household products to clean your hair when you run out of shampoo, which I can easily think of, are almost unimaginable to a person who does not understand chemistry.

Chemistry will add an entire dimension to your manner of thinking and ability to solve problems. It won't just help you with your life, it will expand your vision and capability such that you will begin to wonder how anyone ever lives without understanding it.

Agar Bhathis

Formula:

- i) Black sugar (Preservative) - 20 parts
- ii) Sandalwood (Perfume) - 35 parts
- iii) Kapur in the form of Kachiri - 5 parts
- iv) Flower leaves (Perfume) - 10 parts
- v) Vetiver (Perfume) - 5 parts

"A woman is the full circle. Within her is the power to create, nurture and transform."

- Diane Mariechild

4. Dr.S.Vanitha - Top Ten Women Rights

Bloom Where You Are Planted | 11

TOP TEN WOMEN RIGHTS

Dr. N. Vanitha,
Assistant Professor of Commerce,
A.P.C. Mahalaxmi College for Women,
Thoothukudi – 2



I

As we celebrate **International Women's Day**, some part of our nation still does not believe in empowering women. Daughters, sisters, wives, mothers are suffering from lot more than physical assault – **MENTAL TRAUMA**. Privatization, Liberalization and Globalization has already been initiated by the government but the staggering changes for women that have come about over decades in families, in religion, in government, in employment, in education – did not just happened spontaneously. Women themselves made these changes happen, very deliberately.

Women empowerment means emancipation of women from the vicious grips of social, economical, political, caste and gender-based discrimination. It means granting women the freedom to make life choices.

1. The Equal Remuneration Act (1976):

“The act aims to provide for the payment of equal remuneration to men and women workers and for the prevention of discrimination, on the ground of sex, against women in the matter of employment and for matters connected therewith or incidental thereto.”

The purpose of the act is to make sure that employers do not discriminate on the basis of gender, in matters of wage fixing, transfers, training and promotion. It provides for payment of equal remuneration to men and women workers, for same

“The flower that blooms in adversity is the most rare and beautiful of all.”

- Walt Disney

5. Mrs. A.Agnesmary - Earn While You Learn

Bloom Where You Are Planted | 61

EARN WHILE YOU LEARN**Mrs. A. Agnes Mary**

Assistant Professor of English,

A.P.C. Mahalaxmi College for Women,

Thoothukudi -2.



Students across the world tend to start earning while studying, which is not common in India. The main reason is the lack of part-time job opportunities. Students cannot devote their time completely to full-time jobs as they already have assignments, projects and examinations. Thus they are only able to think of part-time jobs for pocket money, which they fail to get.

Food is an important consumable item for the mass population. For daily basis requirements, people need to buy food items regularly. If you are passionate about food and cooking, then you can use that passion to earn some extra cash. You don't even have to be a professional chef.

If your friends and family always compliment you on your cooking, then you can start to do something with food that people will be happy to pay for.

When you're a personal chef you can set your own prices, work for the number of clients you prefer and specialize in your own style of cooking.

Making money isn't easy but hard work always uplifts our future. Here are few things you can do to make money from your cooking skills from your home.

- You can start giving cooking classes
- You can register online food order websites.
- You can start making YouTube videos/blog posts for various dishes.

"The flower that blooms in adversity is the most rare and beautiful of all."

- Walt Disney

6. Miss. R. Vadivukkarasi - You are so much stronger than you think

86 | Bloom Where You Are Planted

**YOU ARE SO MUCH STRONGER
THAN YOU THINK!**

Ms. R. Vadivukkarasi,
Assistant Professor of English,
A.P.C. Mahalaxmi College for Women,
Thoothukudi – 8.



Martial arts are a good way to boost self-respect. This will help to understand and respect others as well. Martial arts will help to define and overcome the weakness. Regular karate participation will improve the muscle mass, reflexes, and the overall mood. Karate means Empty Hands. Your hands are your weapons.

空	'KARA'	Empty
手	'TE'	Hand
道	'DO'	Way

The perceived disadvantage that women have is that, in general, a woman will be smaller in stature and not as physically strong as a man. Biologically this is an undeniable fact, but it is not a disadvantage in Karate.

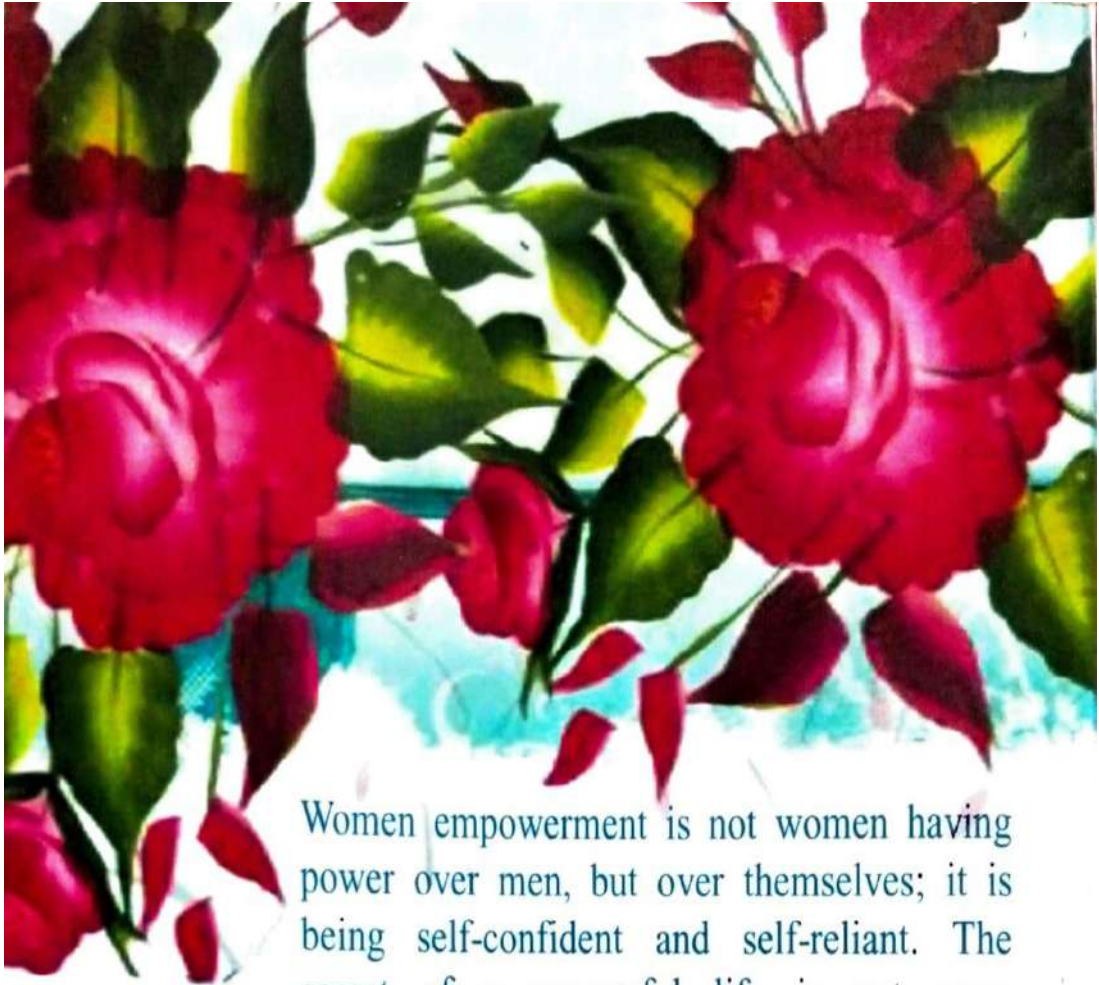
In fact, women have certain advantages over their male counterparts.

Karate was designed to provide an effective way to defend yourself from an aggressor who is larger and more powerful than you and/or armed. Though not designed specifically with women in mind, Karate is a martial art that relies very heavily on skill to overcome brute force. Most men will rely on their physical presence to overpower their victim(s), but a well placed blow at the correct time will stop anyone. It is true!

Anyone can make a fist and lash out wildly using weight and impetus. Karate teaches precision, timing and accuracy to land a single blow which stops your attacker.

"A woman is the full circle. Within her is the power to create, nurture and transform."

- Diane Mariechild



Women empowerment is not women having power over men, but over themselves; it is being self-confident and self-reliant. The secret of a successful life is not mere enjoyment, but education through experience.

When women receive education along with training in skills to become self-employed, they can pursue and achieve their dreams. A phenomenal growth can be seen in a society where women are empowered.

This book *Bloom Where You Are Planted* proposes to bring out various ways in which women can accomplish great things and emerge as successful persons defying the stereotyped woman.

Price: ₹ 200/-

Published by

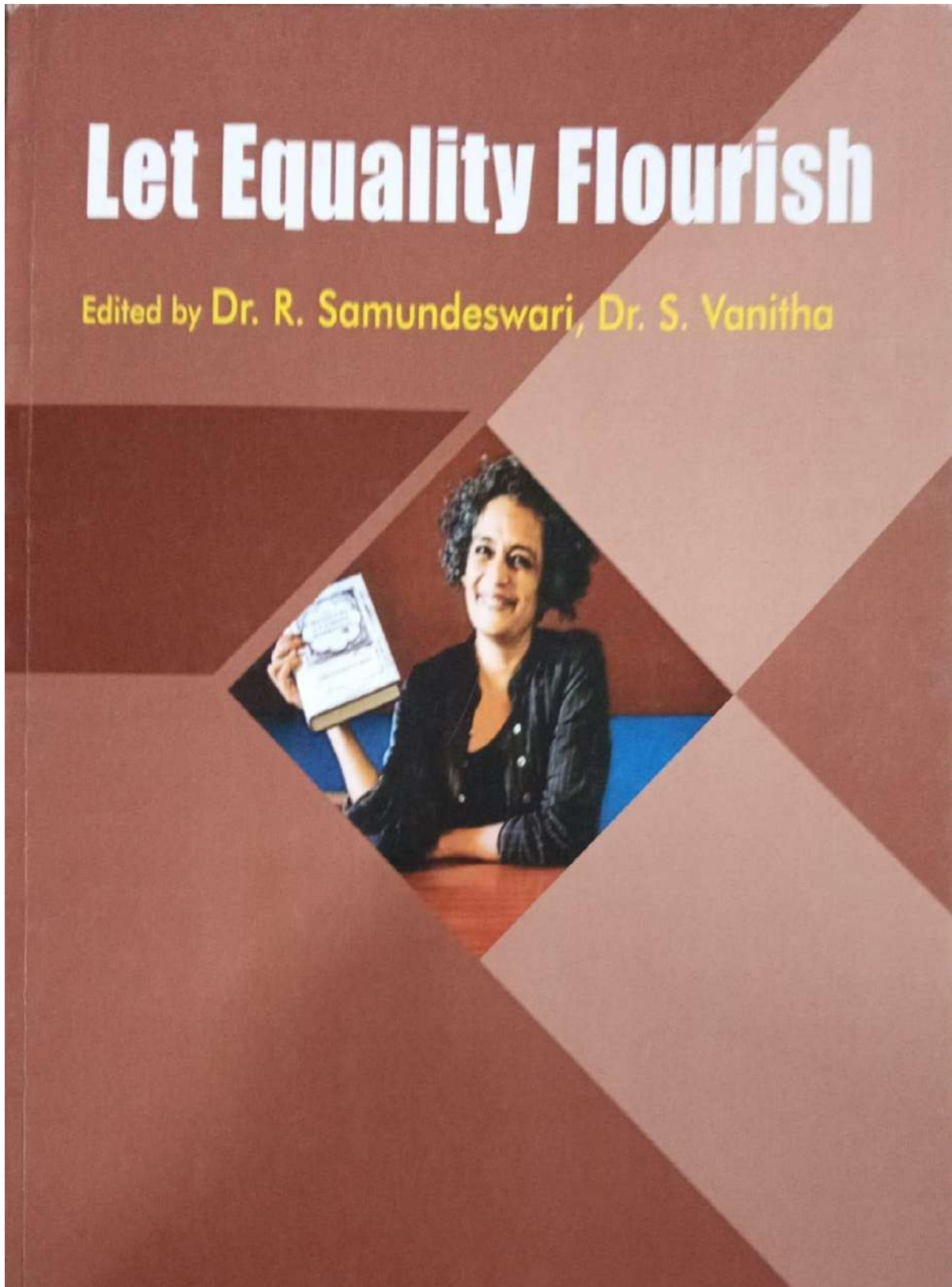
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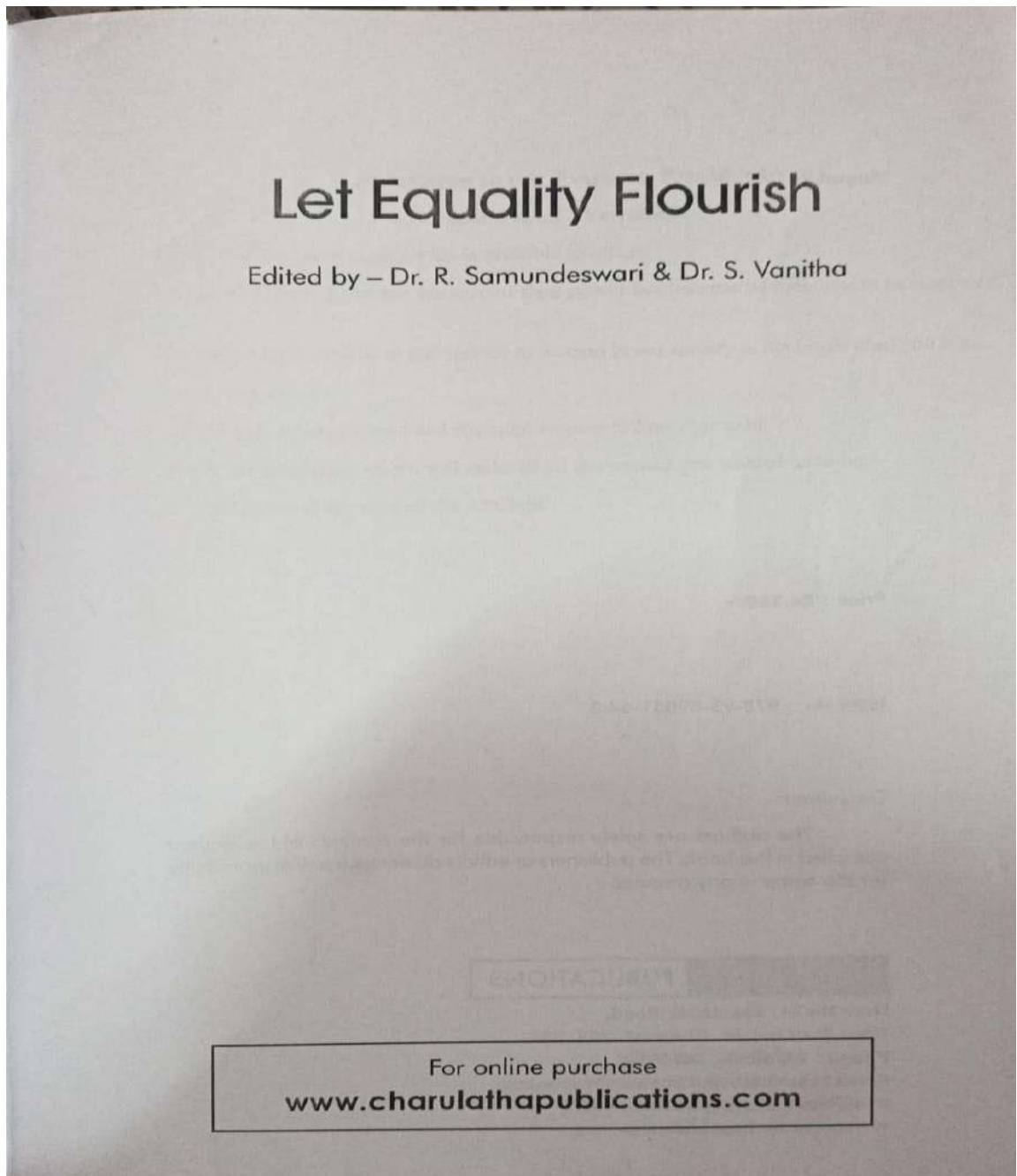
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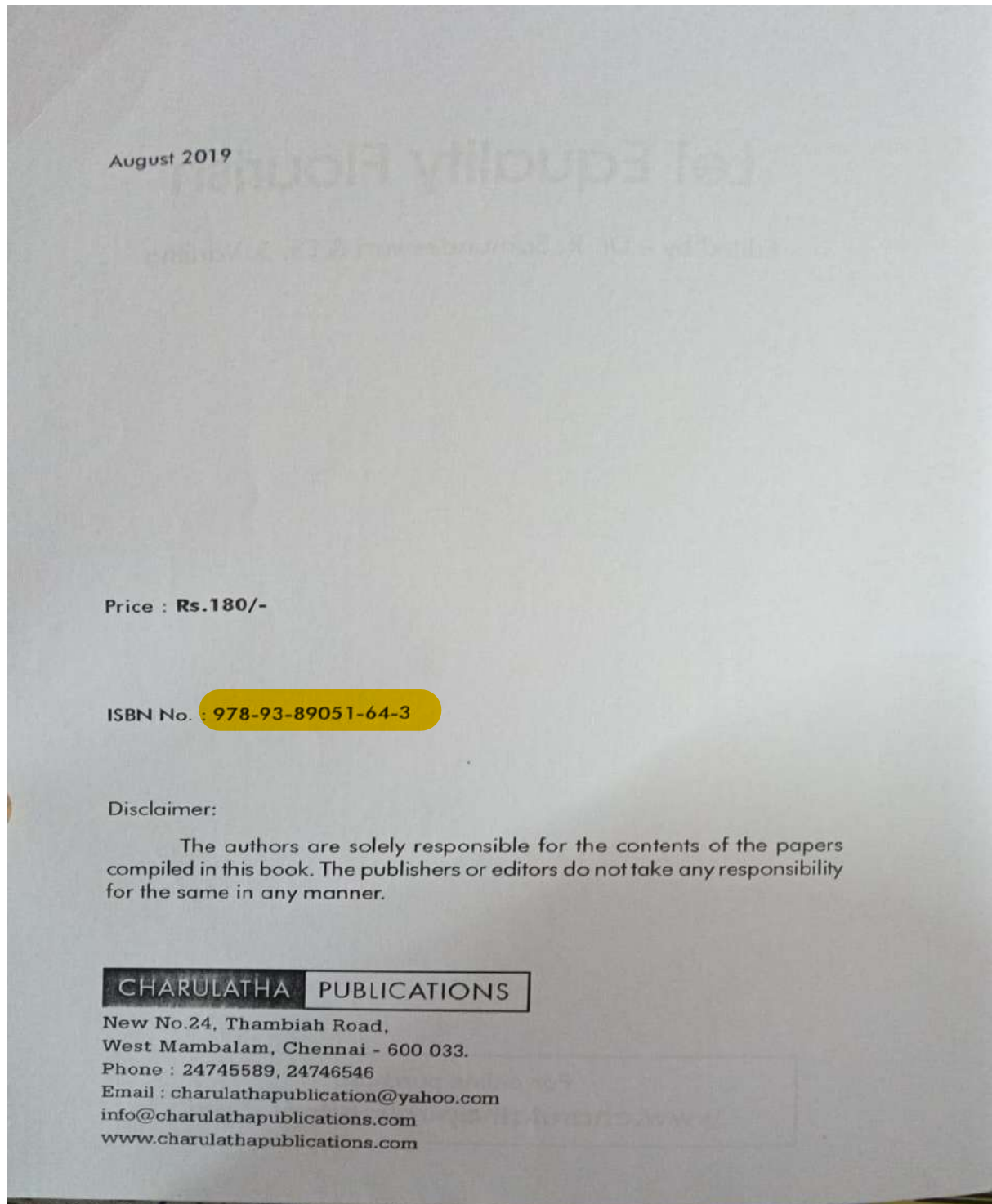
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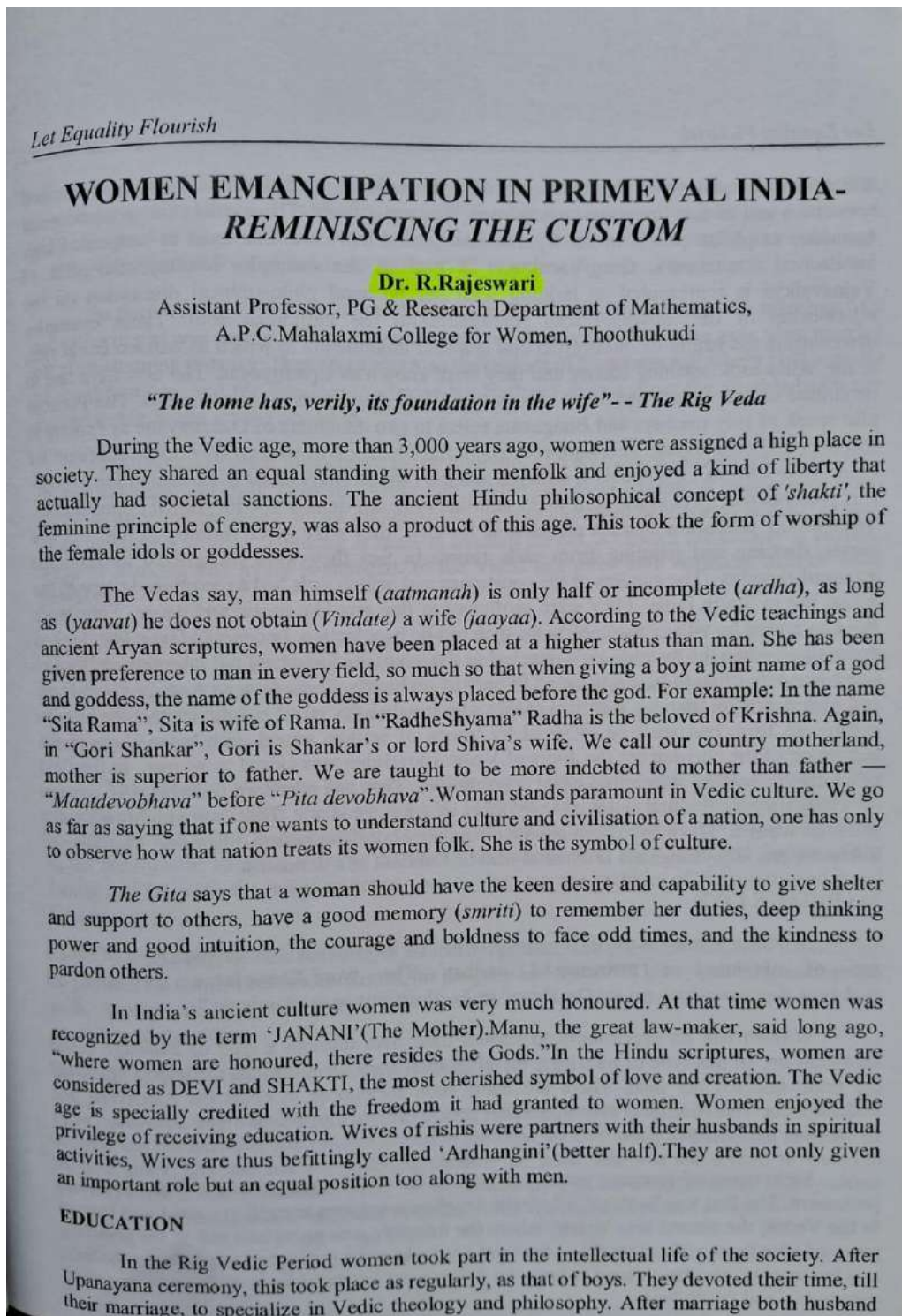
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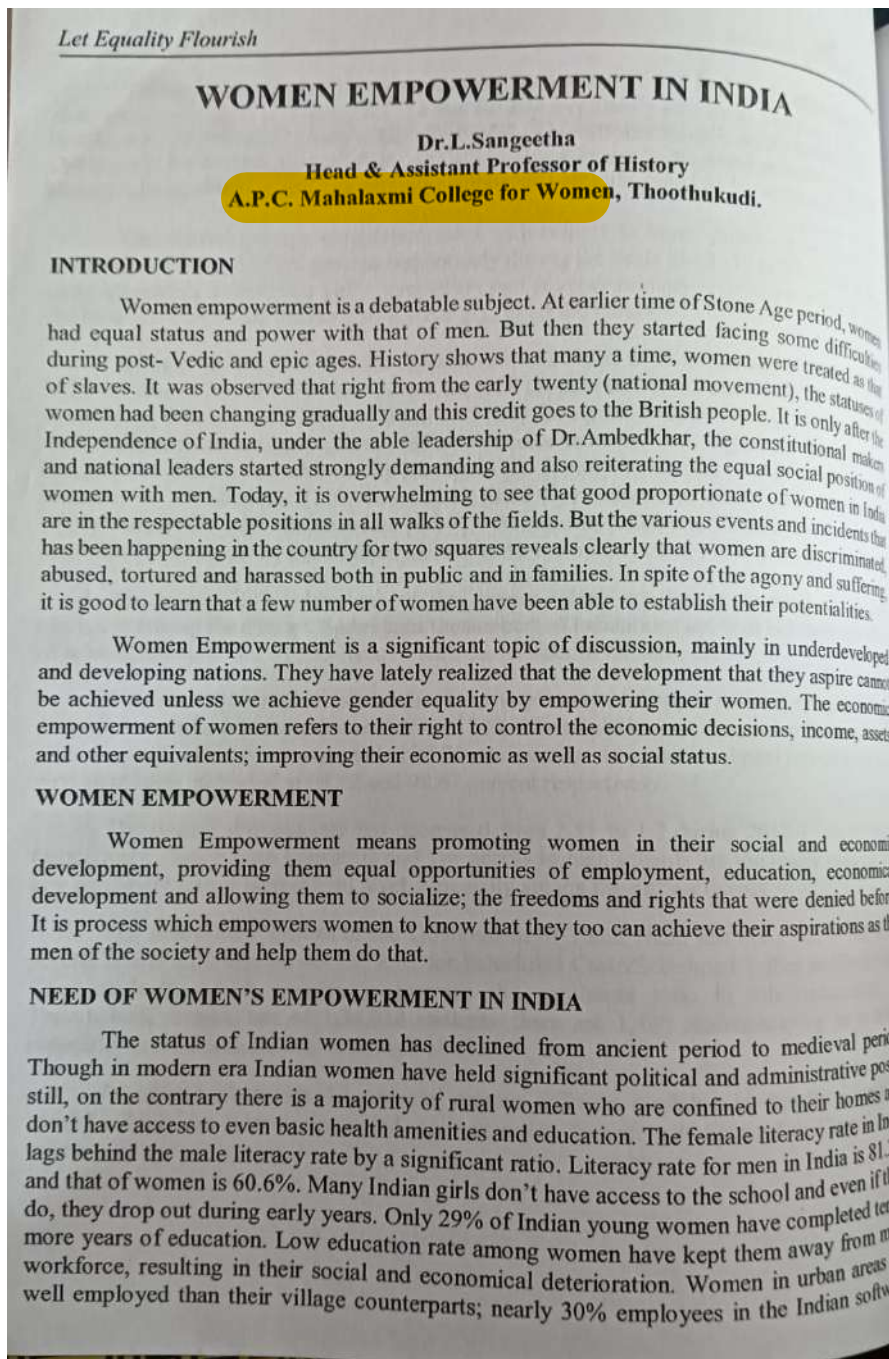




7. Dr. R. Rajeswari – Women Emancipation is Primeval India Reminiscing the Custom



8. Dr. L. Sangeetha – Women Empowerment in india



9. Mrs. R. Durga Devi - Women Education In India

Let Equality Flourish

WOMEN EDUCATION IN INDIA

B.Durga Devi
Assistant Professor of Commerce
A.P.C.Mahalaxmi College for Women
Thoothukudi

INTRODUCTION

"I THOUGHT THAT WORDS AND BOOKS AND PENS WERE MORE POWERFUL THAN GUNS"

History is replete with evidence that the societies in which women were treated equally to women were educated. Education makes women more confident and ambitious they become more aware of their rights and can raise their voice against exploitation and violence. As women can play a vital role in the nation development. Women being educated would be able to rear their children in better.

Education is very important need for every human being. Female education is more important than male education because if you educate one male you educate only one person but if you educate a girl you educate whole family. When girls are not educated everyone suffers. Female education is as important three basic needs that is food, cloth and shelters.

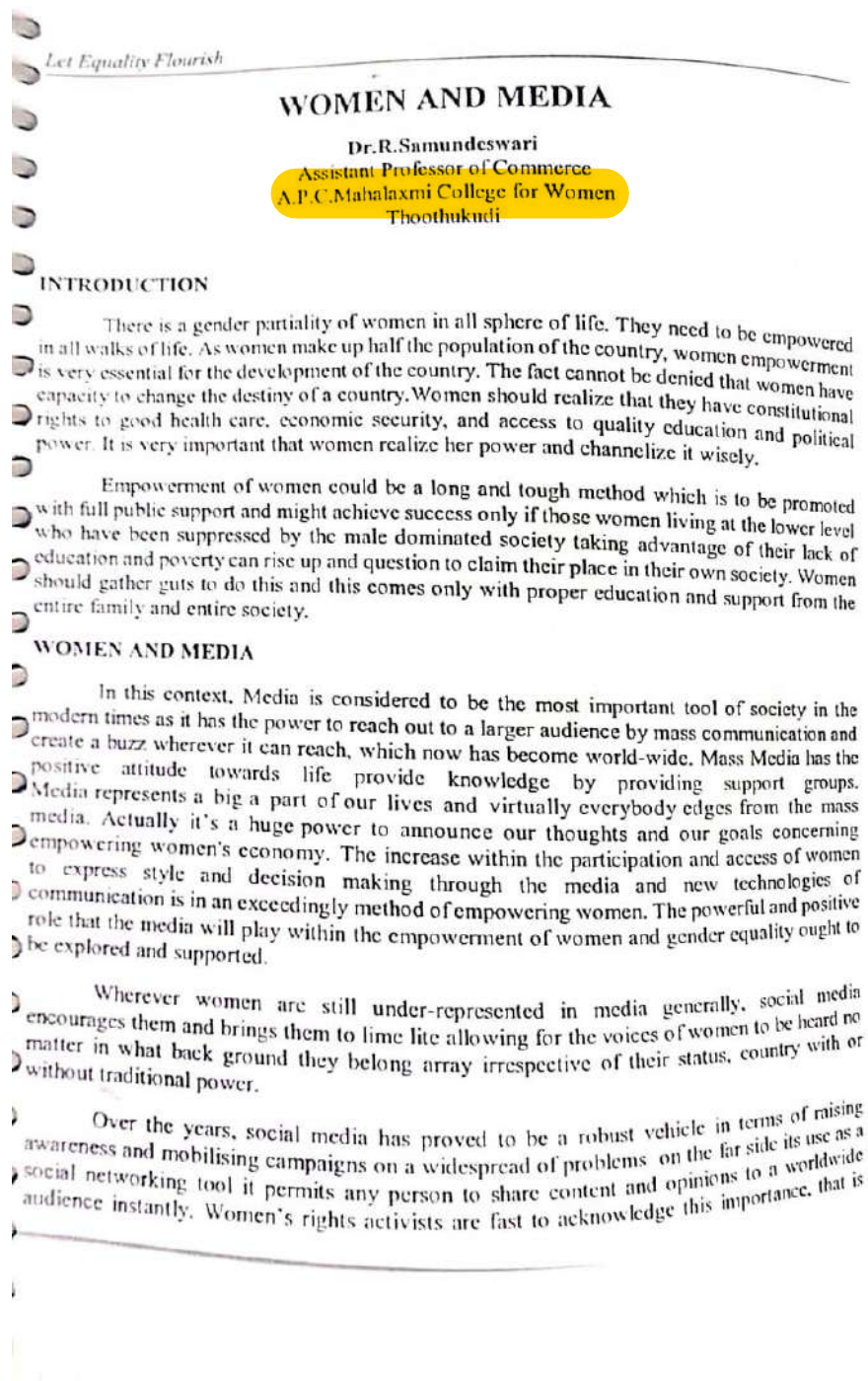
A female has three fundamental duties in her life. The first duty of female is to be a good daughter, second duty of female is to be a good wife and the third duty is to be a good mother. An educated woman is the first teacher of her children. It is education with which women can know their rights. The women have reached outer space of the universe. Now day females are advanced in any field sports, science, social work or business due to education. It is education by which a strong building of human being can be made. Any human lacks education he will lack of making his life, his survival or lacks of growing the chance in life. Various surveys proved that India has maximum youth population and is at the top of countries. This is due to the lack awareness about need of female education.

HISTORY OF WOMEN EDUCATION

Women's education in India plays a very important role in the overall development of the country. It not only helps in the development of half of the human resources, but in improving the quality of life at home and outside. When we talk about the girls' education only JYOTHIRAO PHULE is remembered as the champion of women education in india. He along with his wife SAVITHRI BAI PHULE opened a first school for girls in 1848 in PUNE.

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10. Dr. R. Samundeswari – Women and Media



11. Dr. S. Vanitha- Gender Equality and Women Employment

Let Equality Flourish

GENDER EQUALITY AND WOMEN EMPOWERMENT

Dr.S.Vanitha
Head and Assistant Professor of Commerce
A.P.C.Mahalaxmi College for Women
Thoothukudi

INTRODUCTION

Gender Equality is not only a fundamental human rights, but a necessary foundation for a peaceful, Prosperous and sustainable world. While the world has achieved progress towards gender equality and women's empowerment, women and girls continue to suffer discrimination and violence in every part of the world. Providing women and girls with equal access to education, health care, decent work, and representation in political and economic decision making process will fuel sustainable economics and benefit societies and humanity at large. Implementing new legal frameworks regarding female equality at the workplace and the eradication of harmful practices targeted at women is crucial to ending the gender-based discrimination prevalent in many countries around the world.

GENDER EQUALITY

Gender Equality is achieved when women and men enjoy the same rights and opportunities across all sectors of society, including economic participation and decision making, and when the different behaviors, aspirations and needs of women and men are equally valued and favored. Gender Equality is measured by looking at the representation of men and women in a range of roles.

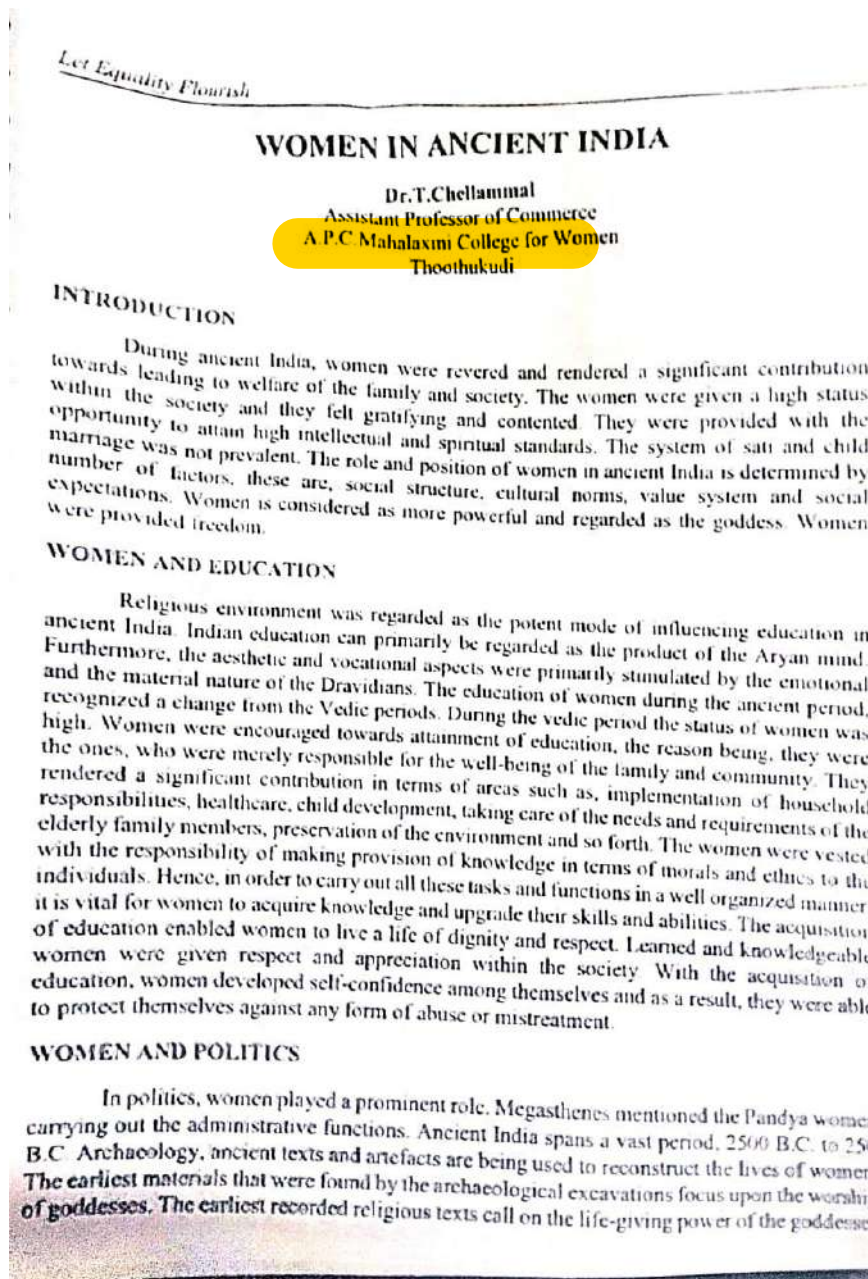
IMPORTANCE OF WOMEN'S ECONOMIC EMPOWERMENT

The importance of gender equality and women's empowerment, particularly women's economic empowerment, is at the core of UNIDO'S mandate. Enhancing the role of women as drivers of Poverty reduction, Promoting female investors and entrepreneurs, and recognizing the link between gender equality and safeguarding the environment.

Educating and investing in women and girls has a multiplier effect on productivity, efficiency and economic growth. Targeting gender equality and women's economic empowerment is not only important from the prospective of realizing women's rights but is also smart economic. Women are key agents of change and when women and men are equal, economics grow faster; less people remain in poverty, and the overall well-being of people increases.

19

12. Dr. T. Chellammal – Women in Ancient India



13. Dr. R. Rajeswari- Women Empowerment Through Rural Employment

Let Equality Flourish

WOMEN EMPOWERMENT THROUGH RURAL EMPLOYMENT

A.Rajeswari

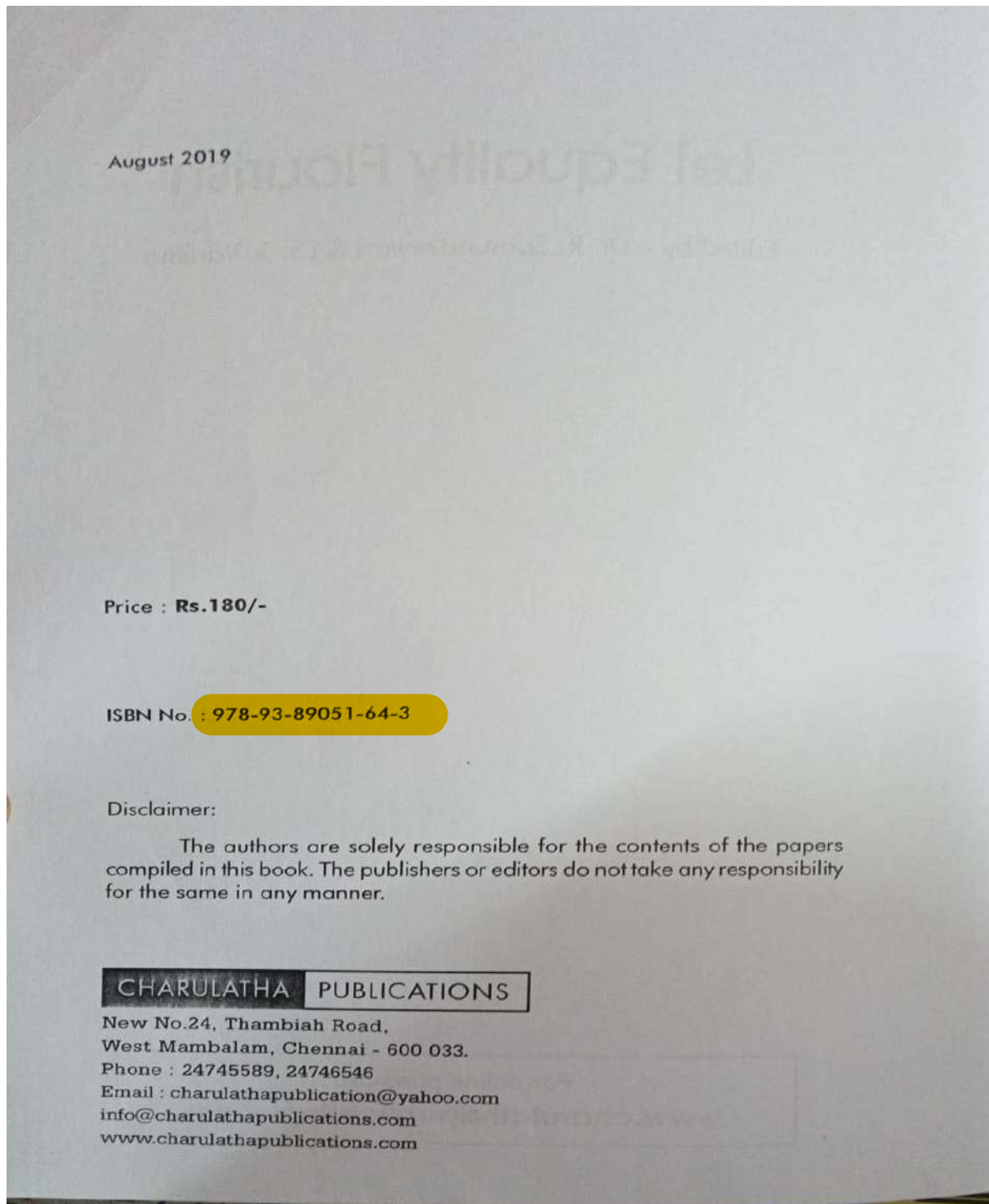
Assistant Professor of Commerce
A.P.C. Mahalaxmi College for Women
Thoothukudi

INTRODUCTION

India is a country which attained independence in 1947, but the rural-urban divide and the rich-poor divide are still plaguing India. 68.84 per cent of the Indian population lives in villages. There are 6,40,867 villages in India. According to 2011 census, the population of rural women who are literate are 58.8 per cent (Census, 2011) According to the "2007 Review of World Urbanization Prospects" by the United Nations, India would continue to have the largest rural population in the world until 2050. (Hindustan Times, 28.2.2008) There are several issues which are creating difficulties in the lives of Indians, like rising crimes against women, increasing poverty, corruption, nepotism, lack of transparency in the official functioning, bureaucratic hassles, criminalization of politics, criminal-politician-bureaucratic entente etc. On the one hand, women are worshipped as deities, without whose blessings, work cannot be initiated. On the other hand, crimes against women and girls are increasing day by day in India. It is sad that in many cases, the perpetrators are known to the victims.

The perpetrators could be among relatives, neighbors, friends etc. This increasing mistrust can create havoc in the Indian societal pattern. The patriarchal norms are so entrenched in the Indian society that it is very difficult to pull oneself out of this conundrum. When girls are born in most Indian families, they are not welcome, at times, even by their mothers. They are lamented that a son could have been a real asset for the family. Upbringing of girls is an expensive affair, where there is only loss as the girl gets married off and will serve the groom's family throughout her life. In India, the life of a woman changes a lot after marriage. She leaves her parents' house after marriage and starts living with the groom's family. Since childhood, she is socialized into thinking that she has to take up the food habits, dress, rituals etc of the groom's family. So, happily or grudgingly, she evolves her identity according to the demands of the groom's family and the groom. A hefty sum of money is spent on her dowry. At times, the demand from the groom's family continues even after marriage. When the bride's family fails to satisfy their demands, the bride is tortured. Domestic violence is high in Indian homes. There is dowry deaths' occurring every now and then.

It has been pointed out that it is always the bride who is dying and not the women on the groom's side when they are working in the kitchen. Many young brides die in the kitchen due to stove burst, where the groom's sides mask it as an accident. Dowry-deaths of Indian girls had gone up so much that Section 498A was brought in which makes the groom and his family responsible for unnatural death of the bride within 7 years of marriage. It also has other provisions to protect Indian women after marriage. However, like all other laws, this law has



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Datastructures and Algorithm	Business Statistics
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Programming in C++	Financial Management (MBA)
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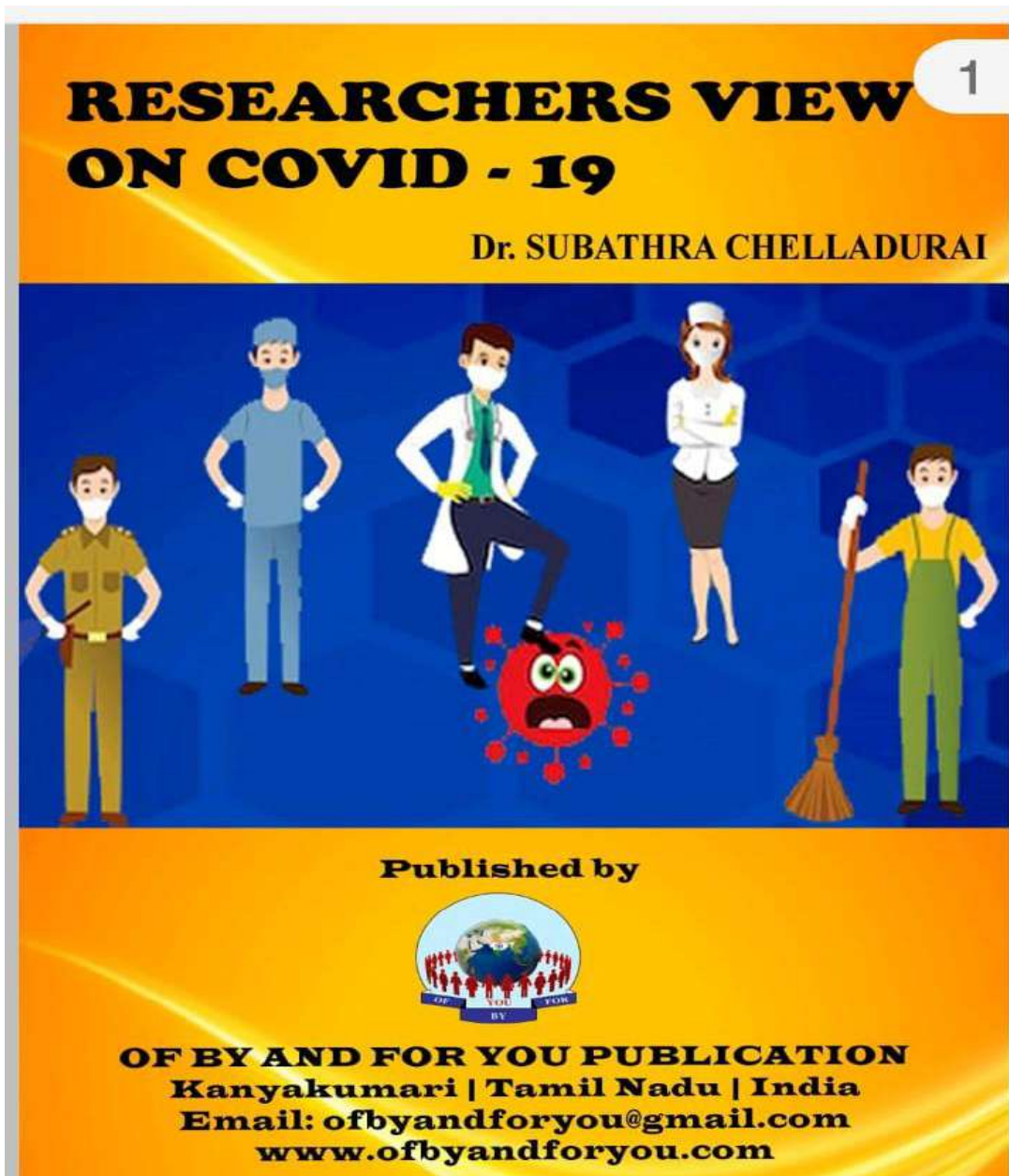
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14. Dr. K. Jothilekshmi - Lockdown Learning

**RESEARCHERS VIEW ON
COVID - 19**

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		7
27	MUHAMMED ASIF, A Dr. A. MOHAMED SIDDIQUE	LIFE AT HOME DURING LOCKDOWN
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29	G SRIDEVI	HABITUAL CHANGE DUE TO COVID-19
30	ASWIN K	IMPACT OF COVID ON AGED AND DISEASED PEOPLE LIVING LORDS PUT TO REST
31	ANNE REENA XAVIER C	EFFECT OF LOCKDOWN AMONG STUDENTS
32	AUGUSTINE PREMNATH M.S	LOCK DOWN LEARNING
33	P.THANKAMONY	HOPES OF HOPOS
34	ABHILASH PHILIP Dr. D. MUTHU KRISHNAN	UNEMPLOYMENT CRISIS IN INDIA AFTER LOCKDOWN
35	Mr. ABHILASH N	LESSON TWO: LOCK DOWN
36	ADIL ELLIKKAL	IMPACT OF COVID-19 ON LABOURERS
37	C.AISWARYA	IMPACT OF COVID ON AGRICULTURE
38	AISHWARYALAKSHMI.S	SERVICE OF DOCTORS AND NURSES IN COVID19 PANDEMIC
39	AMIT N ANGADI	E – LEARNING DURING THE LOCKDOWN
40	AMARESH H	FROM FOOD TO HYGIENE KITS, HERE IS HOW NGOS A HELPING THE POOR FIGHT AGAINST COVID-19
41	Dr. S. ANNA RAJAM	BEHAVIOURAL CHANGE DUE TO COVID 19
42	ARCHANA.K	LIFE AT HOME DURING LOCKDOWN
43	ARUNA BATTUR	COVID-19-RELATED KNOWLEDGE, ATTITUDES, AND PRACTICES AS OBSERVED AMONG INDIANS
44	ASWATHY VISWANATHAN	HABITUAL CHANGE DUE TO COVID
45	ASWIN K	E-LEARNING DURING COVID LOCKDOWN PUTTING T LOCKS DOWN BY KEEPING THE KEY TO AMPLE OPPORTUNITIES ABOARD
46	AUGUSTINE PREMNATH M.S	LEARNINGS OF COVID19
47	BINI VARGHESE	ECONOMIC CONDITION OF VARIOUS SERVICE SECTO DURING AND AFTER COVID-19 IN INDIA
48	CHAITHRA D PARIMALA S	A STUDY ON BEHAVIOURAL TRANSMISSION DUE TO COVID 19
49	Dr.G.CHELLADURAI PROF. G. JOHN THOMAS	PRECAUTION OF CORONAVIRUS
50	Mrs. S.CHITHRA	ALLOPATHY IN TREATMENT OF COVID-19
51	Dr K JOTHILEKSHMI	LOCKDOWN LEARNING
52	Dr. BHARTI DOGRA	IMPACT OF LOCKDOWN ON EDUCATION SECTOR: E-LEARNING TURNS OUT TO BE A BIG SOLUTION
53	Dr.R.SOFIA	EMERGING CONSUMER INTERNET TRENDS –POST CO
54	J. EVELYN PRISCILLA	ROLE OF AYURVEDIC MEDICINE IN COVID TREATME
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OF BY AND FOR YOU PUBLICATION

LOCKDOWN LEARNING

***Dr K JOTHILEKSHMI**
 Assistant Professor of Commerce
 A P C Mahalaxmi College for Women
 Thoothukudi-628002

INTRODUCTION

Lockdown, not isolation but it shapes many minds irrespective of so many problems faced by individuals. Suffering 360 no doubt, but what corona taught us? Life style, public behaviour, social awareness, environment safety, humanity, cleanliness and what not.

LOCKDOWN LEARNING

Lockdown brings down economy no second thought in it, just a shake in education right from KG to HEI; earn greater responsibilities on medicos and sanitary workers. Lockdown knocks so many avenues in digital platform especially in the field of education. Learning from lockdown are innumerable. Stating few are:

- Uniform commandos are real heroes.
- Determination and dedication should be the norms of medicos.
- Bharat's welcome stature "Namaste" by holding hands together becomes internationally accepted welcome message.
- Health is a real wealth.
- No discrimination in mankind.
- Technology usage is inevitable
- Learning has no barrier(webinar, FDP, online courses, etc)
- Togetherness is more valuable
- Unwanted unhygienic and junk foods are of no need.
- Not only self protection but also surrounding cleanliness is required.
- Emerge of new dimensions in teaching.
- quarantine and social distancing are not only the self productive measures but indirectly it helps others

CONCLUSION

If is not quite sure what to learn during lockdown, it's worth giving some thought to improving our relationships. Emotional intelligence is an invaluable skill that can positively impact all areas of our life and improving our communication skills can help in our personal and professional relationships

what we learn during lockdown, let's first take a look at what our aims might be. There's never a bad time to learn something new, but having a goal in mind before we can start can our journey after lockdown

60

Dr. P. Gurulakshmi-Women Education

