



CRITERION 3

SSR CYCLE IV

RESEARCH, INNOVATIONS AND EXTENSION

3.4. Extension Activities

3.4.3.1: Number of extension and outreach programs conducted in collaboration with industry, community and Non-Government Organizations through NSS/NCC etc., year wise during the last five years



A.P.C. MAHALAXMI COLLEGE FOR WOMEN

Thoothukudi- 628 002, Tamil Nadu.

To whomsoever it may concern

I hereby declare that the following details and documents are true to the best of my knowledge. They have been checked and verified.

3.4.3. Number of extension and outreach programmes conducted through NCC

S. No	Academic Year	Number of programmes
1	2022-2023	6
2	2021-2022	3
3	2020-2021	2
4	2019-2020	6
5	2018-2019	3
	Total	20




(Dr. K. SUBBULAKSHMI)

Principal i/c

Principal

A.P.C. Mahalaxmi College for Women,
Thoothukudi

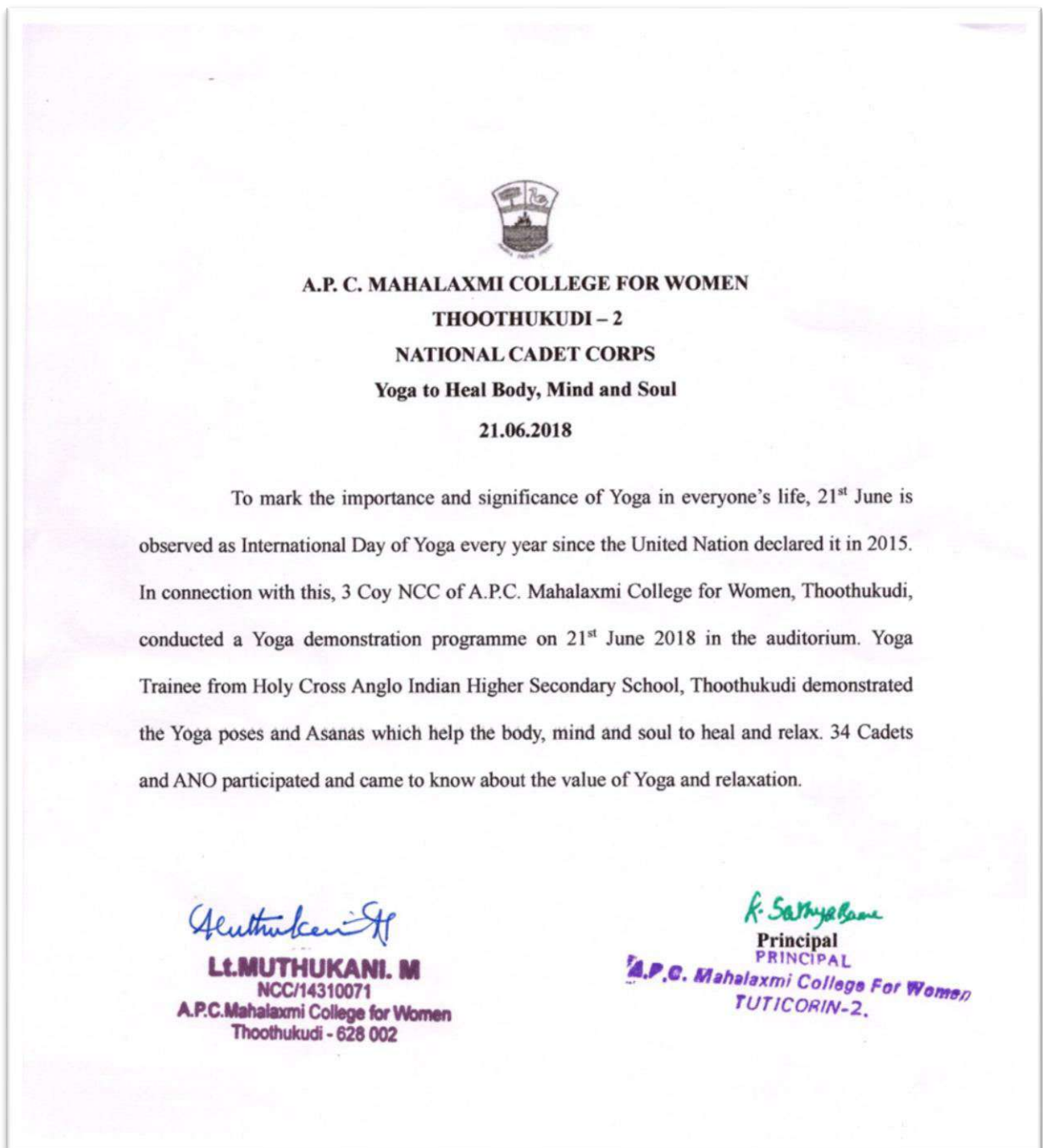
2018-2019

Contents

Yoga to Heal Body, Mind and Soul	2
Report.....	2
Photo.....	3
List of Participants	4
Swachh Bharat Abhiyan - Cleaning Work at Mappillaiurani Village	5
Report.....	5
Photo.....	6
List of Participants	7
Annual Training Camp.....	8
Report.....	8
Photo.....	9
Certificate.....	10
List of Participants	11

Yoga to Heal Body, Mind and Soul

Report




Photo





NCC Cadets performing Yoga Asanas in the Auditorium

List of Participants


A.P. C. MAHALAXMI COLLEGE FOR WOMEN, THOOTHUKUDI – 2
NATIONAL CADET CORPS
YOGA TO HEAL BODY, MIND AND SOUL
21.06.2018
LIST OF PARTICIPANTS

S. No.	REGIMENT NO.	NAME OF THE CADET
1	TN16SWA754306	B. BAVANI DEVI
2	TN16SWA754310	V. KAVIYA
3	TN16SWA754311	S. KAVITHA
4	TN16SWA754313	G. MANI
5	TN16SWA754314	V. MARI DEVI
6	TN16SWA754316	S. MUTHU MARI
7	TN16SWA754317	S. MUTHU LAKSHMI
8	TN16SWA754320	M. NANDHINI
9	TN17SWA754321	M. ANITHA
10	TN17SWA754301	S. BUVANESWARI
11	TN17SWA754303	L. DIVYA
12	TN17SWA754304	K. GOWRI
13	TN17SWA754306	S. JOTHI LAKSHMI
14	TN17SWA754307	M. KARTHIGA
15	TN17SWA754310	S. MALATHI
16	TN17SWA754312	M. PETCHIAMMAL
17	TN17SWA754322	U. PONCHITHRA
18	TN17SWA754314	A. SANKEETHA
19	TN17SWA754317	V. SUBATHRA DEVI
20	TN17SWA754318	S. THANALAKSHMI
21	TN18SWA754301	T. ANITHA
22	TN18SWA754302	M. ANJU
23	TN18SWA754303	R. ANTONY PUSHPA CELSIA
24	TN18SWA754304	T. AZHUGU MEENA
25	TN18SWA754305	M. PADRAKALI
26	TN18SWA754306	S. FATHIMA BEEVI
27	TN18SWA754307	D. GAYATHRI
28	TN18SWA754309	M. GOWSALYA
29	TN18SWA754310	V. KEERTHANA
30	TN18SWA754311	G. MAHESWARI
31	TN18SWA754312	T. MARIAMMAL
32	TN18SWA754313	G. MEENA
33	TN18SWA754314	S. MUTHU ABINAYA
34	TN18SWA754316	K. MUTHU KALYANI


Lt. MUTHUKANI. M
 NCC/14310071
 A.P.C. Mahalaxmi College for Women
 Thoothukudi - 628 002


K. Sathyaabama
 Principal
 PRINCIPAL
 A.P.C. Mahalaxmi College For Women
 TUTICORIN-2.

Swachh Bharat Abhiyan - Cleaning Work at Mappilaiurani Village**Report**

**A.P. C. MAHALAXMI COLLEGE FOR WOMEN
THOOTHUKUDI – 2
NATIONAL CADET CORPS
Swachh Bharat Abhiyan
Cleaning Work at Mappilaiurani Village
30.08.2018**

Swachh Bharat Abhiyan is a national movement was launched on 2nd October 2014 to fulfil Mahatma Gandhi's dream of a clean and hygienic India. Our Prime Minister, Thiru. Narendra Modi exhorted every Indian citizen to make their environment clean. Regarding this Cadets of 3 Coy NCC Unit of A.P.C. Mahalaxmi College for Women, Thoothukudi have done the cleaning work at the Government Primary Health Centre, a pond and other places in Mappilaiurani Village on 30th August 2018. 25 of our Cadets actively engaged in the cleaning work and created awareness on cleanliness and hygiene among the village people.

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K. Sathya Bama
Principal
A.P.C. Mahalaxmi College For Women
TUTICORIN-2.

Photo





NCC Cadets cleaning the pond and other areas at Mappillaiurani Village

List of Participants


A.P. C. MAHALAXMI COLLEGE FOR WOMEN, THOOTHUKUDI – 2
NATIONAL CADET CORPS
SWACHH BHARAT ABHIYAN
CLEANING WORK AT MAPPILAIURANI VILLAGE
30.08.2018
LIST OF PARTICIPANTS


S. No.	REGIMENT NO.	NAME OF THE CADET
1	TN16SWA754301	K. ARTHI
2	TN16SWA754302	B. ARUNA
3	TN16SWA754306	B. BAVANI DEVI
4	TN16SWA754310	V. KAVIYA
5	TN16SWA754311	S. KAVITHA
6	TN16SWA754313	G. MANI
7	TN16SWA754314	V. MARI DEVI
8	TN16SWA754316	S. MUTHU MARI
9	TN16SWA754317	S. MUTHU LAKSHMI
10	TN16SWA754320	M. NANDHINI
11	TN16SWA754323	R. RENUGA DEVI
12	TN16SWA754324	S. SUMATHI
13	TN17SWA754321	M. ANITHA
14	TN17SWA754304	K. GOWRI
15	TN17SWA754306	S. JOTHI LAKSHMI
16	TN17SWA754307	M. KARTHIGA
17	TN17SWA754310	S. MALATHI
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Principal
PRINCIPAL
A.P.C. Mahalaxmi College For Women
JUTICORIN-2.

Annual Training Camp


Report




A.P. C. MAHALAXMI COLLEGE FOR WOMEN
THOOTHUKUDI – 2

NATIONAL CADET CORPS
Annual Training Camp
21.05.2019 to 30.05.2019

Annual Training Camp (ATC) is a platform where the NCC Cadets get chance to learn various subjects such as drill, weapon training, map reading, first aid, adventure, self-defence, military history, physical fitness, field craft and battle craft. Drill is an integral and important part for NCC Cadets. 32 Cadets from 3 TN GIRLS BN NCC of A.P.C. Mahalaxmi College for Women, Thoothukudi participated in the Annual Training Camp (ATC) held at Sarah Tucker College, Tirunelveli, from 21st May 2019 to 30th May 2019.



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Thoothukudi - 628 002



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A.P.C. Mahalaxmi College For Women
TUTICORIN-2.


Photo



NCC Cadets at Annual Training Camp

Certificate

NATIONAL CADET CORPS




(TAMILNADU, PUDUCHERRY & ANDAMAN NICOBAR)

CERTIFICATE

ANNUAL TRAINING CAMP

No.....*TN188WA75A30A*... Rank *CDT*... Name.....*AZHAGUMEENA..T*.....
of*APC.....MAHALAKSHMI*.....(COLLEGE.....*FOR.....WOMEN* (College / School)
of 3 (TN) Girls Battalion NCC, Tirunelveli has attended Annual Training Camp held at
Sarah Tucker College, Tirunelveli wef 21 May 2019 to 30 May 2019

The performance of the cadet during the camp was *Excellent / Good / Satisfactory*.



Place : Tirunelveli
Date : 30 May 2019

(B Soltan Ganapathy)
Lt Col
Camp Commandant

List of Participants



A.P. C. MAHALAXMI COLLEGE FOR WOMEN, THOOTHUKUDI – 2
NATIONAL CADET CORPS
ANNUAL TRAINING CAMP
21.05.2019 TO 30.05.2019
LIST OF PARTICIPANTS

S. No.	REGIMENT NO.	NAME OF THE CADET
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25	TN18SWA754312	T. MARIAMMAL
26	TN18SWA754313	G. MEENA
27	TN18SWA754314	S. MUTHU ABINAYA
28	TN18SWA754315	K. MUTHU NISHA
29	TN18SWA754316	K. MUTHU KALYANI
30	TN18SWA754317	R. MUTHU LAKSHMI
31	TN18SWA754318	S. POOJA
32	TN18SWA754319	P. RAJA LAKSHMI

G. Muthukani

Lt.MUTHUKANI. M

NCC/14310071

A.P.C.Mahalaxmi College for Women
Thoothukudi - 628 002

K. SathyaBama

Principal
PRINCIPAL

A.P.C. Mahalaxmi College For Women
TUTICORIN-2.