



CRITERION 3

SSR CYCLE IV

RESEARCH, INNOVATIONS AND EXTENSION

3.4. Extension Activities

3.4.3.1: Number of extension and outreach programs conducted in collaboration with industry, community and Non-Government Organizations through NSS/NCC etc., year wise during the last five years



A.P.C. MAHALAXMI COLLEGE FOR WOMEN

Thoothukudi- 628 002, Tamil Nadu.

To whomsoever it may concern

I hereby declare that the following details and documents are true to the best of my knowledge. They have been checked and verified.

3.4.3. Number of extension and outreach programmes conducted through NCC

S. No	Academic Year	Number of programmes
1	2022-2023	6
2	2021-2022	3
3	2020-2021	2
4	2019-2020	6
5	2018-2019	3
	Total	20



(Dr. K. SUBBULAKSHMI)

Principal i/c

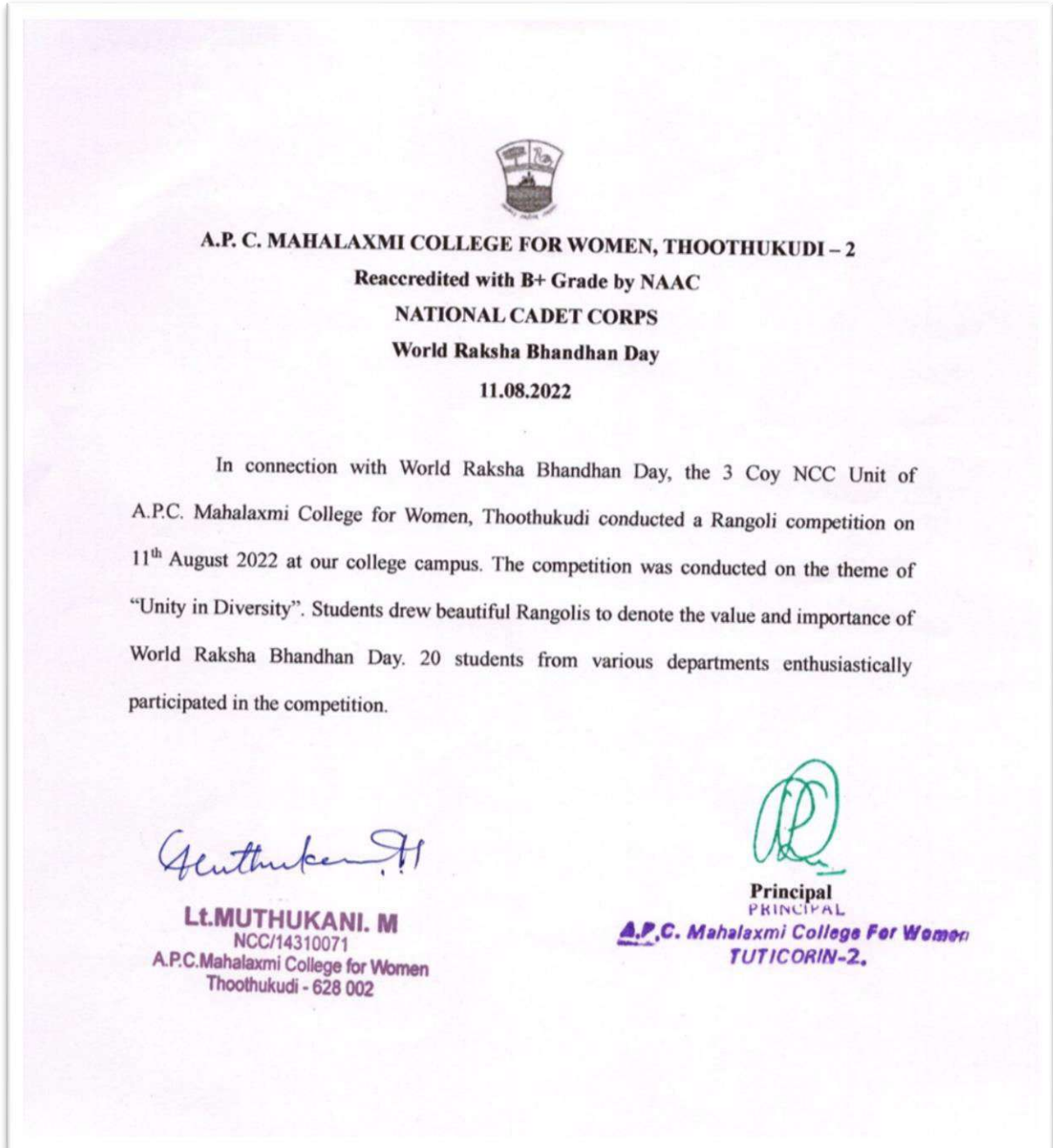
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A.P.C. Mahalaxmi College for Women,
Thoothukudi

2022 - 2023

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World Raksha Bhandhan Day**Report**

Photo



Students Participating in Rangoli Competition

List of Participants



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WORLD RAKSHA BHANDHAN DAY

RANGOLI COMPETITION

11.08.2022

LIST OF PARTICIPANTS


S. No.	NAME OF THE STUDENT	CLASS
1	ABINAYA M	I B.A TAMIL
2	SELVA SHALINI M	I B.A TAMIL
3	KOGILA T	III B.A TAMIL
4	MANI MALA S	III B.A TAMIL
5	PACKIYA LAKSHMI A	III B.A ENGLISH
6	SARMADEVI A	III B.A ENGLISH
7	JEYASHREE T	I B.A HISTORY
8	KAMALA C	I B.A HISTORY
9	JEYA LAKSHMI L	III B.A HISTORY
10	LAKSHMI PRIYA N	III B.A HISTORY
11	ANNALAKSHMI A	III B.COM
12	SAKTHI ISWARYA R	III B.COM
13	KARTHIKA T	III B.Sc. MATHS
14	MARIAMMAL M	III B.Sc. MATHS
15	MUTHULAKSHMI DIVYA M	II B.Sc. CHEMISTRY
16	SIVARANJINI V	II B.Sc. CHEMISTRY
17	AISWARYA S	III B.Sc. CHEMISTRY
18	DURGA DEVI P	III B.Sc. CHEMISTRY
19	SANTHIYA A	II B.Sc. ZOOLOGY
20	SORNALATHA G	II B.Sc. ZOOLOGY

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Saplings Plantation Programme


Report




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NATIONAL CADET CORPS
Saplings Plantation Programme

05.09.2022

To make our environment green and avoid pollution, 3 Coy NCC of A.P.C. Mahalaxmi College for Women, Thoothukudi, organized a sapling plantation programme in our college campus on 5th September 2022. 22 Cadets actively participated and planted the saplings inside and outside our college campus. Saplings were also planted in nearby localities. The aim of this programme was to reduce the global warming and preserve our nature.


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Photo





NCC Cadets Planting the Saplings

List of Participants



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NATIONAL CADET CORPS
SAPLINGS PLANTATION PROGRAMME
 05.09.2022
LIST OF PARTICIPANTS

S. No.	REGIMENT NO.	NAME OF THE CADET
1	TN20SWA756004	JEYALAKSHMI M
2	TN20SWA756005	JEYAMALATHI S
3	TN20SWA756007	PREMA M
4	TN20SWA756008	PRIYADHARSHINI S
5	TN20SWA756010	SARANYA K
6	TN20SWA756013	SUSI LAKSHMI T
7	TN20SWA756015	YAMINI DEVI C
8	TN21SWA756201	ABITHA K
9	TN21SWA756202	ALFINA MARY R
10	TN21SWA756205	GURU PRIYA R
11	TN21SWA756206	HARSHINI B
12	TN21SWA756208	KALAI SELVI P
13	TN21SWA756209	KANNIGA DEVI G
14	TN21SWA756210	KARTHIKA G
15	TN21SWA756211	MADUMITHA P
16	TN21SWA756212	MARI AISWARYA K
17	TN21SWA756213	MAYHA C
18	TN21SWA756215	RAHINI DEVI K
19	TN21SWA756216	RAMYA S
20	TN21SWA756217	RENUGA P
21	TN21SWA756218	RITHIKA U
22	TN21SWA756219	SIVALAKSHMI C


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Distribution of COVID-19 Awareness Pamphlet**Report**



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Distribution of Covid-19 Awareness Pamphlet

07.09.2022

As instructed by the District Health and Family Welfare Department, Thoothukudi, 3 Coy NCC of A.P.C. Mahalaxmi College for Women, Thoothukudi, prepared an awareness pamphlet on Covid-19 and the importance of taking the Booster Dose vaccine. 32 NCC Cadets distributed the pamphlets on 7th September 2022 to the public and created awareness on Corona virus and insisted the public to take the vaccine to prevent them from the disease.


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Photo





NCC Cadets distribute the COVID-19 Vaccination Pamphlets

List of Participants


A.P.C. MAHALAXMI COLLEGE FOR WOMEN, THOOTHUKUDI – 2
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NATIONAL CADET CORPS
DISTRIBUTION OF COVID-19 AWARENESS PAMPHLET
 07.09.2022
LIST OF PARTICIPANTS


S. No.	REGIMENT NO.	NAME OF THE CADET
1	TN20SWA756004	JEYALAKSHMI M
2	TN20SWA756005	JEYAMALATHI S
3	TN20SWA756007	PREMA M
4	TN20SWA756008	PRIYADHARSHINI S
5	TN20SWA756010	SARANYA K
6	TN20SWA756013	SUSI LAKSHMI T
7	TN20SWA756015	YAMINI DEVI C
8	TN21SWA756201	ABITHA K
9	TN21SWA756202	ALFINA MARY R
10	TN21SWA756203	ANTONY ROSE PRIYANKA A
11	TN21SWA756204	BALA PRIYA DHARSHINI R
12	TN21SWA756205	GURU PRIYA R
13	TN21SWA756215	RAHINI DEVI K
14	TN21SWA756220	SUVETHA V
15	TN22SWA756301	BAVANI S
16	TN22SWA756302	DHANA LAKSHMI M
17	TN22SWA756307	KAVITHA P
18	TN22SWA756308	KEERTHANA K
19	TN22SWA756309	MAHA DEVI S
20	TN22SWA756310	MAHA LAKSHMI A
21	TN22SWA756311	MARI PAVITHRA A
22	TN22SWA756312	MURUGESWARI S
23	TN22SWA756313	NAGA JOTHI M
24	TN22SWA756314	PON LAKSHMI E
25	TN22SWA756315	RAJA RUTHRA R
26	TN22SWA756316	SANKARI P
27	TN22SWA756317	SANTHANA MARI V
28	TN22SWA756318	SELVI M
29	TN22SWA756303	ESSAKI PETCHIAMMAL T
30	TN22SWA756304	JEMINA K
31	TN22SWA756305	JOTHI MEENA S
32	TN22SWA756307	KAVITHA P


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Swachhta Bharat Pakhawada

Report




A.P. C. MAHALAXMI COLLEGE FOR WOMEN, THOOTHUKUDI – 2
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Swachhta Bharat Pakhawada
30.09.2022

A Swachhta Bharat Pakhwada was conducted by 3 Coy NCC Unit of A.P.C. Mahalaxmi College for Women, Thoothukudi, along with the Cadets of NCC Unit of St. Mary's College, Thoothukudi on 30th September 2022. Being close to any bodies of water makes us happy, calm, and emotionally healthy. 35 NCC Cadets from our college took up beach cleaning at the Muthu Nagar Beach, Thoothukudi. They did their part well and demonstrated their unity. They came to know about the role of beaches in the ecosystem; how pollution on beaches is affected the environment and how to organize a beach clean-up.

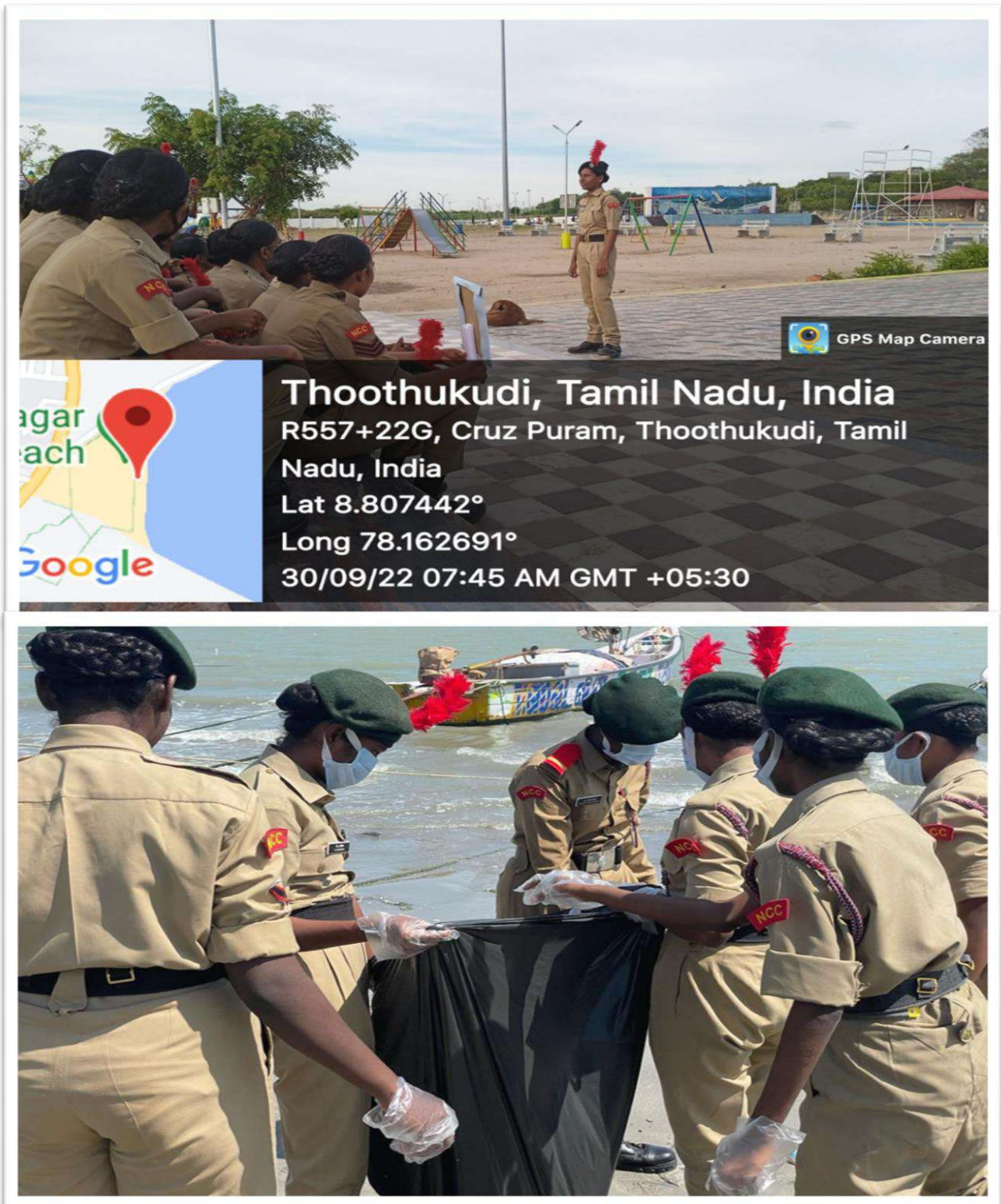


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NCC cadets cleaning the Muthu Nagar Beach, Thoothukudi

List of Participants


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NATIONAL CADET CORPS
SWACHHTA BHARAT PAKHAWADA
 30.09.2022
LIST OF PARTICIPANTS

S. No.	REGIMENT NO.	NAME OF THE CADET
1	TN20SWA756004	JEYALAKSHMI M
2	TN20SWA756005	JEYAMALATHI S
3	TN20SWA756007	PREMA M
4	TN20SWA756008	PRIYADHARSHINI S
5	TN20SWA756010	SARANYA K
6	TN20SWA756013	SUSI LAKSHMI T
7	TN20SWA756015	YAMINI DEVI C
8	TN21SWA756201	ABITHA K
9	TN21SWA756202	ALFINA MARY R
10	TN21SWA756203	ANTONY ROSE PRIYANKA A
11	TN21SWA756204	BALA PRIYA DHARSHINI R
12	TN21SWA756205	GURU PRIYA R
13	TN21SWA756215	RAHINI DEVI K
14	TN21SWA756216	RAMYA S
15	TN21SWA756217	RENUGA P
16	TN21SWA756218	RITHIKA U
17	TN21SWA756219	SIVALAKSHMI C
18	TN21SWA756220	SUVETHA V
19	TN22SWA756302	DHANA LAKSHMI.M
20	TN22SWA756303	ESSAKI PETCHIAMMAL T
21	TN22SWA756304	JEMINA K
22	TN22SWA756305	JOTHI MEENA S
23	TN22SWA756307	KAVITHA P
24	TN22SWA756308	KEERTHANA K
25	TN22SWA756309	MAHA DEVI S
26	TN22SWA756310	MAHA LAKSHMI A
27	TN22SWA756311	MARI PAVITHRA A
28	TN22SWA756312	MURUGESWARI S
29	TN22SWA756313	NAGA JOTHI M
30	TN22SWA756314	PON LAKSHMI E
31	TN22SWA756315	RAJA RUTHRA R
32	TN22SWA756316	SANKARI P
33	TN22SWA756317	SANTHANA MARI V
34	TN22SWA756318	SELVI M
35	TN22SWA756319	SOWPAKIYA LAKSHMI.V


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World Tourism Day

Report



A.P. C. MAHALAXMI COLLEGE FOR WOMEN, THOOTHUKUDI – 2

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Report on NCC Activity on World Tourism Day

25.01.2023

In the view of World Tourism Day, 10 Cadets from the 3 Coy NCC Unit of A.P.C. Mahalaxmi College for Women, Thoothukudi along with the Cadets from NCC St. Mary's College, Thoothukudi, went to Muthu Nagar Eco- Park on 25th January 2023 to mark the value of tourism among the public. The cadets explained the importance of tourism and its impact on the economy to the public. They gained knowledge about the road maps, guidelines for tourism and our role in Tourism. They also got to know the significant tourist places in Tamil Nadu and India.

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Photo



NCC Cadets explain the importance of tourism at Eco-Park

List of Participants


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WORLD TOURISM DAY
25.01.2023
LIST OF PARTICIPANTS


S. No.	REGIMENT NO.	NAME OF THE CADET
1	TN21SWA756201	ABITHA K
2	TN21SWA756202	ALFINA MARY R
3	TN21SWA756204	BALA PRIYA DHARSHINI R
4	TN21SWA756205	GURU PRIYA R
5	TN21SWA756215	RAHINI DEVI K
6	TN21SWA756216	RAMYA S
7	TN21SWA756217	RENUGA P
8	TN21SWA756218	RITHIKA U
9	TN21SWA756219	SIVALAKSHMI C
10	TN21SWA756220	SUVETHA V


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Plastic Awareness Rally

Report


A.P. C. MAHALAXMI COLLEGE FOR WOMEN, THOOTHUKUDI – 2
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NATIONAL CADET CORPS
Plastic Awareness Rally
07.02.2023

The 3 Coy NCC Unit of A.P.C. Mahalaxmi College for Women, Thoothukudi, conducted a Plastic Awareness Rally on 7th February 2023. 45 NCC Cadets from our college took part in the awareness rally and created awareness on the ill effects of the indiscriminate usage of plastic. The ANO, Lt. M. Muthukani and the Cadets explained about harmful effects of the usage of plastics and the benefits of the usage of cotton bags, paper bags instead of plastic to reduce the pollution and save the environment, plants, animals and human life.


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Photo




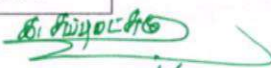
NCC Cadets raised awareness on Plastic Awareness Rally

List of Participants


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PLASTIC AWARENESS RALLY
07.02.2023
LIST OF PARTICIPANTS


S. No.	REGIMENT NO.	NAME OF THE CADET
1	TN21SWA756201	ABITHA K
2	TN21SWA756202	ALFINA MARY R
3	TN21SWA756203	ANTONY ROSE PRIYANKA A
4	TN21SWA756204	BALA PRIYA DHARSHINI R
5	TN21SWA756205	GURU PRIYA R
6	TN21SWA756206	HARSHINI B
7	TN21SWA756207	JENNIFER PADMINI PRIYA. S
8	TN21SWA756208	KALAI SELVI P
9	TN21SWA756209	KANNIGA DEVI G
10	TN21SWA756210	KARTHIKA G
11	TN21SWA756211	MADUMITHA P
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13	TN21SWA756213	MAYHA C
14	TN21SWA756215	RAHINI DEVI K
15	TN21SWA756216	RAMYA S
16	TN21SWA756217	RENUGA P
17	TN21SWA756218	RITHIKA U
18	TN21SWA756219	SIVALAKSHMI C
19	TN21SWA756220	SUVETHA V
20	TN22SWA756301	BAVANIS
21	TN22SWA756302	DHANA LAKSHMI M
22	TN22SWA756303	ESSAKI PETCHIAMMAL T


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23	TN22SWA756304	JEMINA K
24	TN22SWA756305	JOTHI MEENA S
25	TN22SWA756307	KAVITHA P
26	TN22SWA756308	KEERTHANA K
27	TN22SWA756309	MAHA DEVI S
28	TN22SWA756310	MAHA LAKSHMI A
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30	TN22SWA756312	MURUGESWARI S
31	TN22SWA756313	NAGA JOTHI M
32	TN22SWA756314	PON LAKSHMI E
33	TN22SWA756315	RAJA RUTHRA R
34	TN22SWA756316	SANKARI P
35	TN22SWA756317	SANTHANA MARI V
36	TN22SWA756318	SELVI M
37	TN22SWA756319	SOWPAKIYA LAKSHMI V
38	TN20SWA756004	JEYALAKSHMI M
39	TN20SWA756005	JEYAMALATHI S
40	TN20SWA756007	PREMA M
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42	TN20SWA756010	SARANYA K
43	TN20SWA756011	SHARMILA S
44	TN20SWA756013	SUSI LAKSHMI T
45	TN20SWA756015	YAMINI DEVI C


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