

A.P.C MAHALAXMI COLLEGE FOR WOMEN, THOOTHUKUDI

Counseling Cell

Activity Report (2013-2014)

Staff In-charge:

Staff in charge	Designation and Dept
Dr.K.Palani	Associate Professor of Mathematics

Office Bearers:

	Name	Class & Major
President	S.Sooriya Meenakshi	III B.Sc Mathematics
Secretary	J.Monisha	III B.A. English

- On 08.08.2013 a meeting for the final year students about the functioning of the counselling cell was conducted.
- on 12.08.2013 Inaugural of the counselling cell Topic is “Yoga for good health” addressed by Mrs.V.Thilagavathy, Retired Professor of A.P.C Mahalaxmi College for women, Thoothukudi.
- “Yoga Classes on simple Exercise” From 12.08.2013 to 16.08.2013
Teacher : Mrs.V.Thilagavathy, Retired Professor A.P.C Mahalaxmi College for women, Thoothukudi



Yoga Classes on simple Exercise