

A.P.C. MAHALAXMI COLLEGE FOR WOMEN, THOOTHUKUDI

Health Club

Activity Report (2013-2014)

- ❖ Health club organised an awareness programme on 26.09.2013. Mrs. M.S. Roopa, Assistant Professor, Department of Food and Nutrition, Holycross Home Science College addressed on Health.

- ❖ Mrs. Muthukani, Assistant Professor of Zoology delivered a lecture 'Food act as Medicine' on 24.03.2014.

- ❖ An album was prepared by students on 26.03.2014 titled ' Medicinal drugs and beauty tips.