

**A.P.C. MAHALAXMI COLLEGE FOR WOMEN,
Thoothukudi - 628002
(Reaccredited by NAAC with 'B+' grade)
WOMEN EMPOWERMENT CELL
(Report of the Activities from 2019-2020)**

Office Bearers:

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Thoothukudi-2**

- On behalf of WERA,Fresher's orientation program was organized by Women Empowerment Cell on 08.07.2019 at Women Empowerment Cell. Director Dr.K.Neetha ,Dept of Tamil, addressed the newly joined students. She gave a brief orientation about the importance of Women Studies and Status. Cordinator, Dr.N.Vanitha, Dept of Commerce, gave a brief introduction about Gender and Social Construction. Madam R.Vadivukarasi, Dept of English, introduced the faculty members. Orientation to various facilities available, briefed by Madam.StellaPackiam, Dept of Chemistry. Madam.S.VedhaValli, Dept of Commerce, oriented the students about the activities of cell. Madam, Dr.V.JeyanthiKumari, clarified the doubts of the students and gave concluding remarks. The beneficiaries were the IPG students of Tamil,English,Maths,Chemistry,Commerce. This activity aimed to clarify the role of women and girls in creating change and demonstrate how they can help their community to overcome poverty and impact of gender inequality.



- To create awareness and emphasize the demerits of Cell phones nowadays, a guest lecture (Women Doctors Wing) was organized by WERA. Madam DR. Angala Thangeshwari, MBBS., DPM., (Consultant, Psychiatrist,) delivered speech on poison in your palm on 16.07.2019 at New Seminar Hall. Totally 103 students along with staff members were the beneficiaries of the program. The students understood the merits and demerits of the cell phone usage. That was the main outcome of the program. The Coordinator and other members of the Women Cell actively organized and participated in the program.



- Seminar on “Eve’s Health (WERA & Health Club in Collaboration with Indian Medical Association Women’s Wing (IMA_WW) was organized on 25.09.2019 at New Seminar Hall. Totally 150 PG students and Staff members were the beneficiaries of that program. The main objective of the program was to create awareness and emphasize the importance of Women

Health among students and faculties. In the morning session Thyroid test for teaching and non-teaching staff members were conducted and in the afternoon session the awareness program was given by Dr. S.Pethukkani M.D.DGO., Consultant,

Veeramani Hospital, Thoothukudi and Dr. Mercy, M.D., HOD, Thoothukudi Medical College, Thoothukudi. The main outcome of the program was that the students and staff members obtained the knowledge about PCOD and the importance of thyroid. The Co-Ordinator and other staff members of Women cell successfully carried out the program.



- Women Empowerment cell _WERA organizes the seminar on “Instruction Defensive Education and Awareness for Women-IDEAW on 24.01.2020 at Conference Hall to celebrate National Girl Child Day”. The resource persons were MS.A.dianaSelvaAnathi, M.Sc., M.Phil., (HomeScience) M.A.Sociology, B.Ed.,(Special Education), Member,Juvenile Justice Board,Thoothukudi and MS.V.Subhulakshmi. IIB.A., English, Karate & District Champion Studies, SadakathullahAppa College, Palayamkottai.



REPORT OF THE ACTIVITIES ORGANIZED TO CELEBRATE INTERNATIONAL WOMEN'S DAY – 7th March, 2020

In connection with International Women's Day, this year in a benefiting manner to promote that women of India get equal opportunity and a contribute in the progress of the nation with dignity, Women Empowerment Cell-WERA of the college jointly organized a series of programmes from 5th March to 7th March, 2020.

On 5.3.2020 our college Entrepreneurship Development Cell (EDC)– Tailoring unit organized Fashion Designing competition. Around 30 students participated in the competition.





On 6.3.2020 Department of Commerce (UA) organized an event – “Women Leaders Parade”. Tamil Department organized a debate on the topic “Women Equality”. English Department organized a quiz programme on the topic “Women Achievers”. Health club organized a guest lecture on “Women’s Health”. Dr. Vinitha Sarah Sophy, M.Sc., Psychology, Homeopathic Physician, Thoothukudi addressed the gathering. Women Safety programme was arranged by NSS Unit 47 & 57. Mrs. Vanitha, Inspector of Police, All Women Police, Tuticorin addressed the gathering. Department of Commerce (Aided), arranged the guest lecture on the topic “Menstrual Hygiene”. Dr. S. Rajeswari, Gynecologist, A.R.R. Hospital, Thoothukudi addressed the gathering. History department organized a Street Play on “Women Equality”.



On 7.3.2020 Bridal Makeup competition organized by Women Empowerment Cell – WERA, around 30 students eagerly participated. We honoured our prominent alumnae S.J. Amutha Shanthi, MD Thiyaagam women Trust, Madurai. P. Santhanamari, WGr11947, All Women Police Station, Vilathikulam with a “Women Achiever award”. They also delivered a Motivational speech.



- Under the aegis of IQAC and Women Empowerment Cell-WERA of the college jointly organized a session on 8th July, 2020 at 6.30 PM. The resource person was Mrs. Deepa Pradeep, Orator, Professional, Chennai. She has delivered a talk on “Learn to Live: Attitude and Skills to face the future”. . The Co-ordinator and other members of the the Women cell actively organized the programme through Zoom. Faculty and students of various institutions across the country were actively participated.

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Under the aegis of IQAC
Women Empowerment Cell -
 organizes a session on
LEARN TO LIVE
 Attitude and Skills to Face the Future

Speaker
 Mrs. Deepa Pradeep,
Orator, Professional,
 Chennai



Date: 08/07/2020 Time: 6:30 p.m.

<p style="text-align: center;">Patrons</p> <p>Shri. A.P.C.V. Chockalingam Honourable President</p> <p>Dr. N. Meenakumari Principal</p>	<p style="text-align: center;">Convenor</p> <p>Dr. S. Vanitha</p> <p style="text-align: center;">Organizing Secretaries</p> <p>Dr. V. Jayaanthi Kumari Dr. C. Stella Packiam</p> <p>Dr. T. Lilly Golda Coordinator, IQAC</p>
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Platform: Zoom Registration link:
 No registration fee <http://forms.gle/Wu9G-Sk4OnGse5k7>

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