

A.P.C. Mahalaxmi College for Women, Thoothukudi

(Reaccredited by NAAC with 'B+' grade)

Consolidated Health Club Report 2020-2021

- ❖ National Deworming Day was celebrated by Health Club with Public Health and Family Health Committee on 13.08.2020 in the Meditation Hall at 12.00 pm. Mrs.Hirosni, DHO, Loorthammalpuram, UPHC Centre, Thoothukudi, was the Resource Person. Mrs.Hirosni, DHO, distributed 724 Albendazole tablets to the students of our college and guided them to intake the tablet. She explained the importance and benefits of taking Deworming tablets. The arrangements of Health Club Programme were made by Dr. K. Sivagama Shunmuga Sundari and Dr.S.Mary Suba Selvarani.



- ❖ National Deworming Day was celebrated by Health Club with Public Health and Family Health Committee on 16.03.2021 in the Meditation Hall at 12.00pm. Mrs.Hirosni, DHO, UPHC Centre, Thoothukudi, was the Resource Person. Mrs.Hirosni, DHO, distributed 626 Albendazole tablets to the students of our college and instructed them to intake the tablet. She explained the benefits of taking Deworming tablets.





Thoothukudi, Tamil Nadu, India

Ettayapuram Rd, Thalamuthu Nagar, Thoothukudi, Tamil Nadu
628002, India

Lat N 8° 49' 37.2504"

Long E 78° 7' 46.3728"

22/03/21 10:43 AM

❖ The health club member Dr.K.Sivagama shunmuga sundari of our college has prepared a video on Prevention of Covid-19. This video is uploaded in our college YouTube Channel on March 10, 2021. This video explains the does and don't of Covid-19. The students were instructed to watch the video and follow the preventive measures of Covid-19. We informed all the details of Corona virus fever and guided to the students to follow the instructions given by our Government and also our college is strictly following the SOP of Covid-19. Through these actions, all the students got knowledge and awareness about Corona virus fever. Prevention of Covid video link is <https://youtu.be/pS-KqjllPwM>.



❖ The Health Club of our college organised an awareness programme on “Cancer and It’s Causes” on 13.03.2021 at 10.30 a.m. in Google Meet. Dr. Abirami B.S., M.S., Nellai Cancer Centre, Screening Medical Officer, Tirunelveli District, was the chief guest. All the II year and III year students of Tamil and Commerce department attended the programme. Totally 86 students were attended the programmme. Dr. Abirami B.S., explained about Breast Cancer, Uterine Cancer and Oral Cancer. She described the causes and symptoms of the cancer and advised how to prevent from cancer disease.

3:25

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srisai saravana

- sundari
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- Santhana
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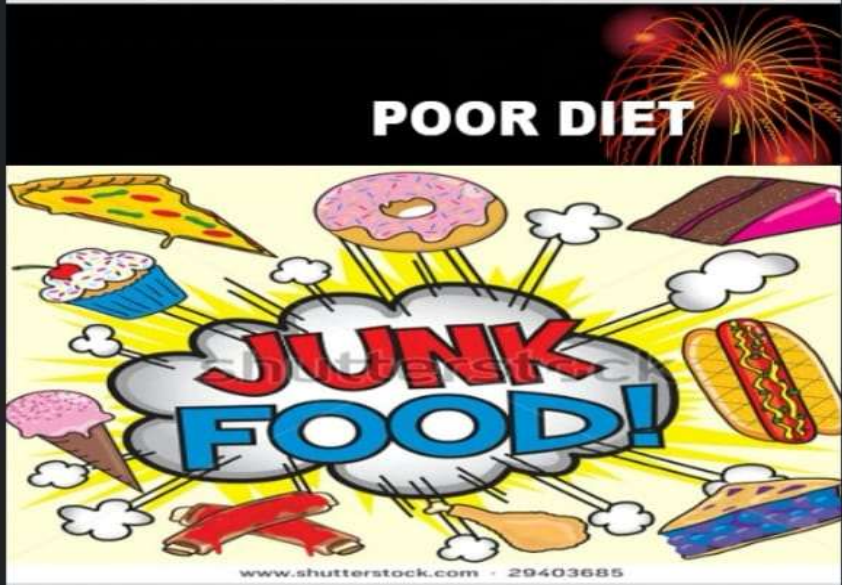


th club Cancer awareness programme ppt [Compatibility Mode] - PowerPoint

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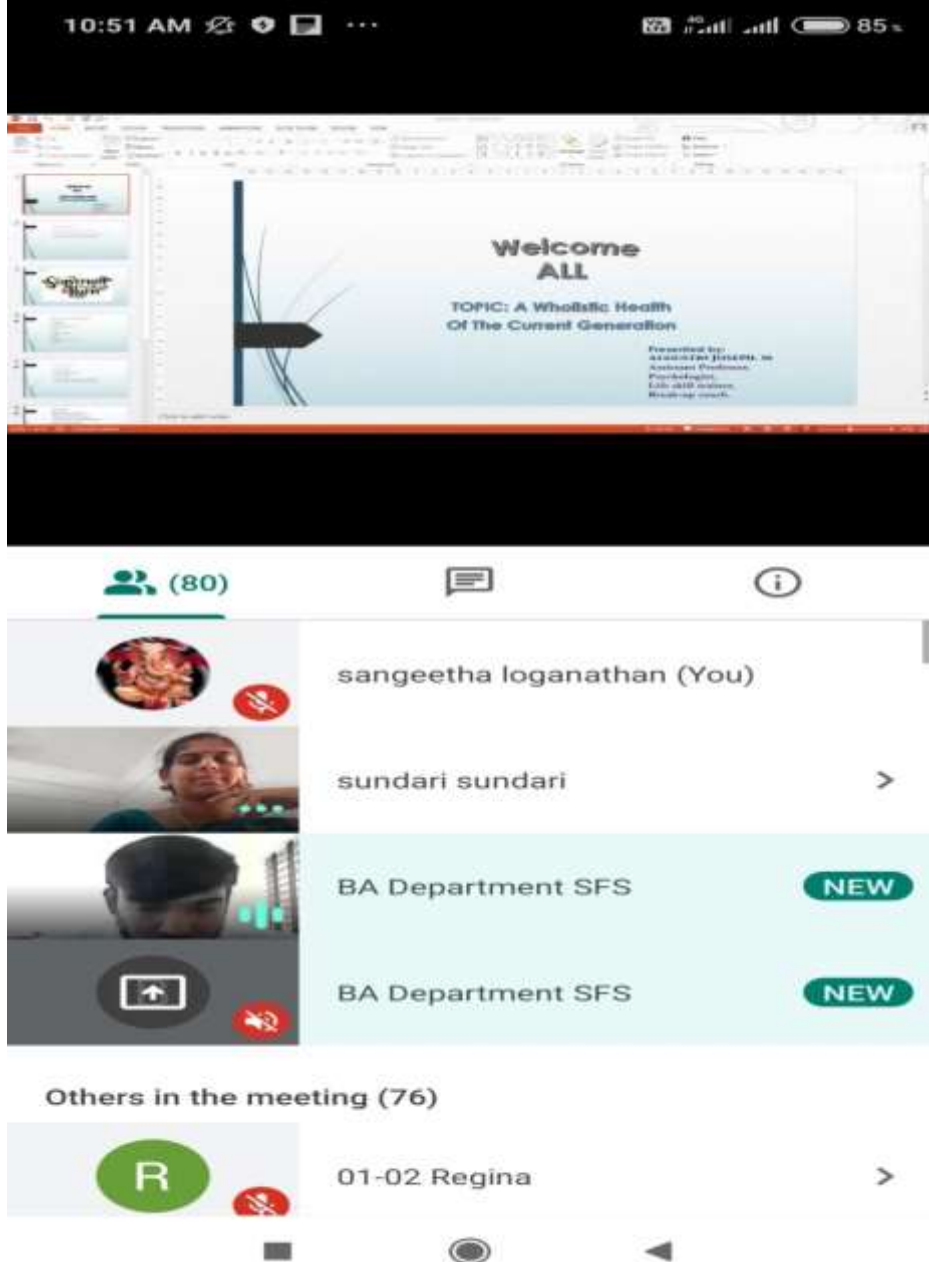
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Notes Comments

sundari sundari

Maha madhu 45 others

❖ Department of History and Health Club of our college organised a One Day Seminar on 'A Wholistic Health of the Current Generation' on 26.03.2021, through Google Meet at 10.30 a.m. Mr. M. Augustin Joseph, Assistant Professor of Psychology, St. Francis De Sales College, Bengaluru was the chief guest. All the II year and III year students of History and Commerce department attended the seminar. Totally 98 students were attended the programme. Mr. M. Augustin Joseph explained about the psychical and mental health, the importance of health, types of health and gave tips for healthy life through his presentation .



Signature of the Principal

N. Haranatharaj

PRINCIPAL
A.P.C. Mahalaxmi College For Women
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