

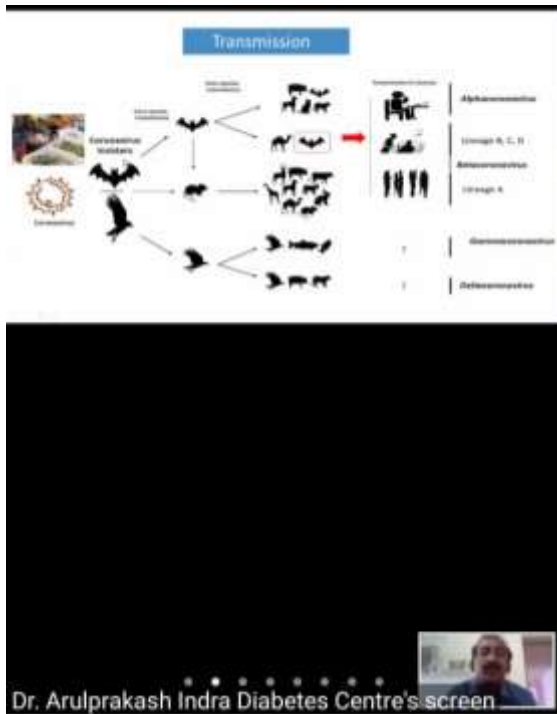
**A.P.C. MAHALAXMI COLLEGE FOR WOMEN**  
**Thoothukudi - 628002**  
**(Reaccredited by NAAC with 'B+' grade)**  
**WOMEN EMPOWERMENT CELL**  
**(Report of the Activities from 2020-2021)**

**Office Bearers:**

**President:MS. P. Deepa,**  
**III B.Com., I Batch,**  
**A.P.C.Mahalaxmi College for Women,**  
**Thoothukudi-2**

**Secretary:MS. P. Nandhini**  
**III B.Sc., Chemistry,**  
**A.P.C.Mahalaxmi College for Women,**  
**Thoothukudi-2**

- To create awareness and emphasis about Covid-19 nowadays, a webinar was organized by WERA. Dr. Arul Prakash M.B.B.S., MD (GEN, MED), M.R.C.P (UK), M.C.A, Indra Diabetes Centre, Thoothukudi delivered speech on the Topic "Covid-19" on 08.05.2020 through online platform of zoom. Totally 200 students along with staff members were the beneficiaries of the program. The students understood the concepts of Covid-19 disease. That was the main outcome of the program. The Co-ordinator and other members of the Women cell actively organized and participated in the program.



- Under the aegis of IQAC and Women Empowerment Cell-WERA of the college jointly organized a session on 8<sup>th</sup> July, 2020 at 6.30 PM. The resource person was Mrs. Deepa Pradeep, Orator, Professional, Chennai. She has delivered a talk on “Learn to Live: Attitude and Skills to face the future”. . The Co-ordinator and other members of the the Women cell actively organized the programme through Zoom. Faculty and students of various institutions across the country were actively participated.

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 Thoothukudi

Under the aegis of IQAC  
**Women Empowerment Cell -**  
 organizes a session on  
**LEARN TO LIVE**  
 Attitude and Skills to Face the Future

**Speaker**  
 Mrs. Deepa Pradeep,  
 Orator, Professional,  
 Chennai.

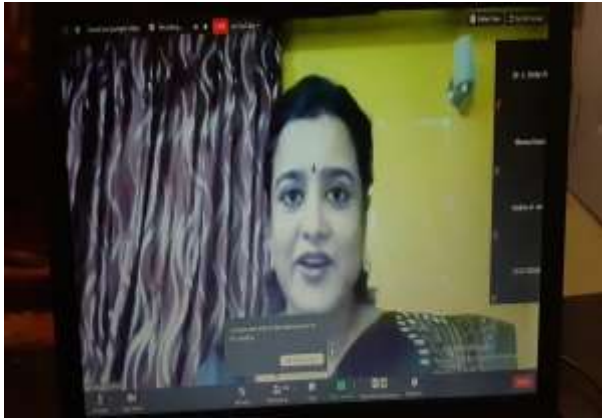
**Date: 08/07/2020 Time: 6:30 p.m.**

<b>Patrons</b>	<b>Convenor</b>
Shri A.P.C.V. Chockalingam Honourable President	Dr. S. Vanitha
Dr. N. Meenakumari Principal	<b>Organizing Secretaries</b>
	Dr. V. Jeyanthi Kumari Dr. C. Stella Packiam
	Dr. T. Lilly Golda Coordinator, IQAC

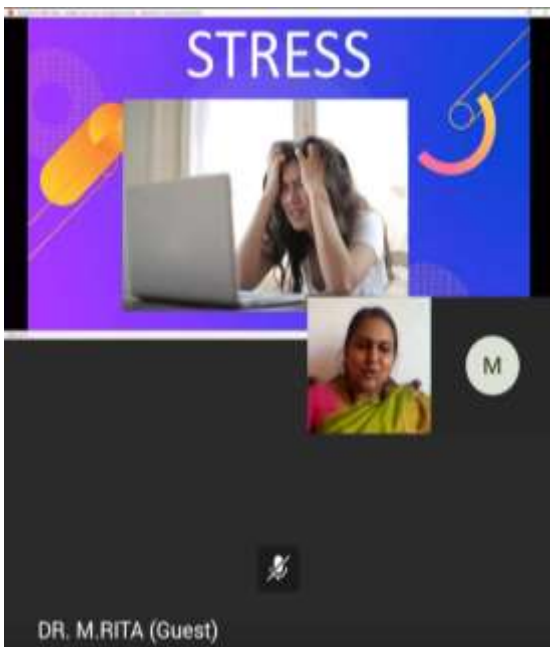
Platform: Zoom  
 No registration fee

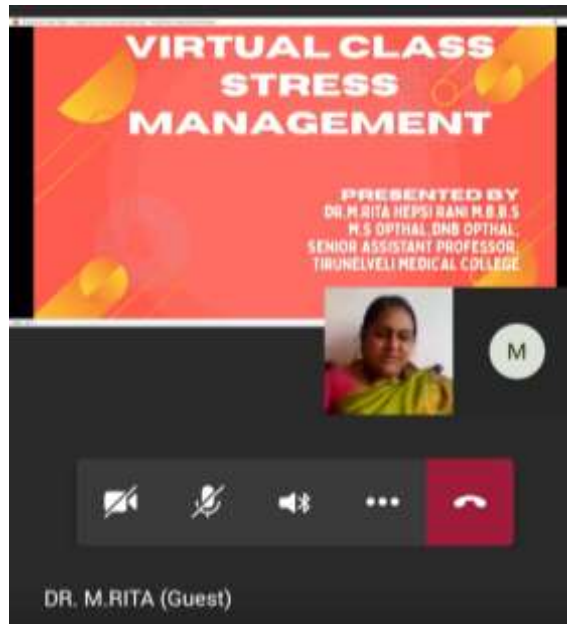
Registration link:  
<http://forms.gle/Wna9Xb5k4CnXSm5b7>

E-Certificates will be provided  
 All are cordially invited

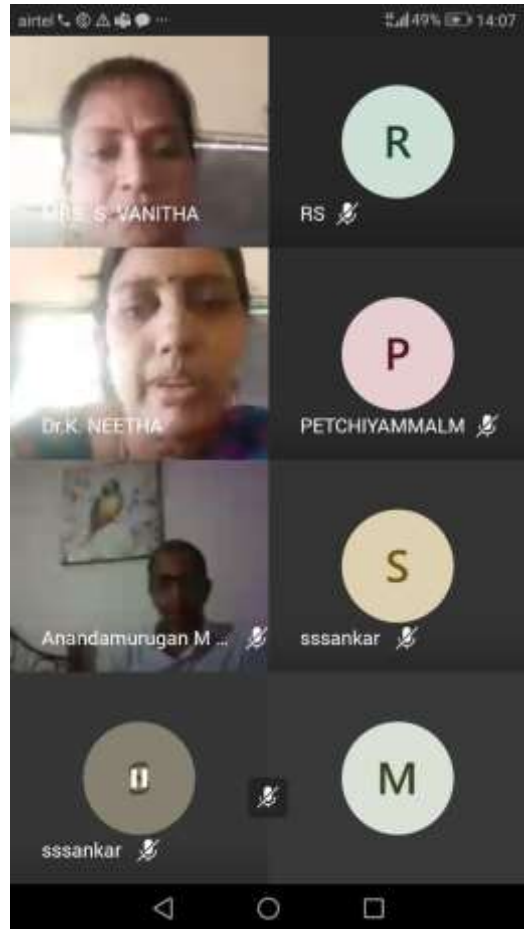
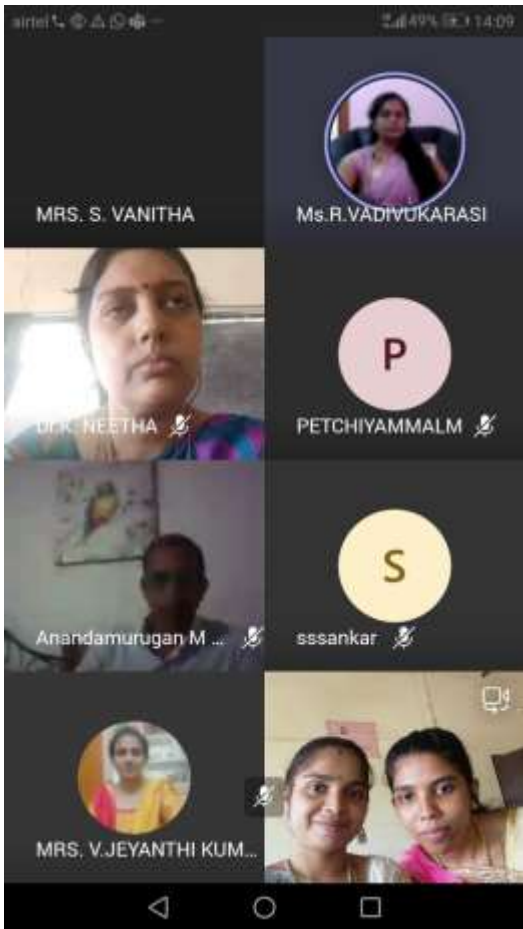


- Guest lecture on “Virtual Class Room – Stress Management” was organized on 05.02.2021 through Microsoft Teams App. Totally 350 PG students and Staff members were the beneficiaries of that program. The main objective of the program was to create awareness and emphasize the importance of Women Health during stress among students and faculties. The guest lecture program was given by Dr. M. RITA HEPSI RANI M.S (Ophthalmology) DNB (Ophthal), Senior Assistant Professor, Department of Ophthalmology, Tirunelveli Medical College. The main outcome of the program was that the students and staff members obtained the knowledge about to how to overcome the stress management of virtual class room. The Co-Ordinator and other staff members of Women cell successfully carried out the program.





- Women Empowerment cell \_WERA organizes an International conference on “Empowering women’s Psychology” on 08.03.2021 through Microsoft Teams App to celebrate the International Women’s Day. The resource persons were Dr. Lakshmi Venkatesan, Holistic Health Practitioner, Poorna Holistic Healing, California, USA and Dr. Anandamurugan Muthukumaraswamy, MBBS MRCPsych, FRANZCP, Director of ental Health Service, Hunter New England Health District, New Soutg Wales, Australia. Totally 350 PG students and Staff members were the beneficiaries of that program. The students understood the concepts of empowering Women’s Psychology. That was the main outcome of the program. The Co-ordinator and other members of the Women cell actively organized and participated in the program.



To celebrate the International Women's Day on 8.3.2020 to 10.03.2021 Logo design and Collage competition on the topic "International Women in Science" were jointly organized by Women Empowerment Cell – WERA & NSS (Unit No.47 & 57). Around 10 students eagerly participated through Google forms. Dr.H.Kohila Subathra Christy, Head, Department of Chemistry and NSS Programme Officer Unit No. 47 selected the best Logo. Dr.S. Vanitha, Assistant Professor of Commerce and Co-ordinator of WEC Cell selected the best Collage. All the participants got E-certificate and the Best Logo designs, E-posters and Comments on photos were awarded. Dr.J.Vasantha Sena & Dr.C.Stella Packiam Assistant Professors of English and Chemistry were the co-ordinators of the event.



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*INTERNATIONAL WOMEN'S DAY CELEBRATIONS-2021*

**NATIONAL SERVICE SCHEME (UNIT No. 47 & 57) &  
WOMEN EMPOWERMENT CELL (WERA – 2021)**

**JOINTLY ORGANIZES**

*COLLAGE & LOGO COMPETITIONS ON THE TOPIC "WOMEN IN SCIENCE"*

1. Collage competition Link: <https://forms.gle/rWZLvz65RkMYHGC88>  
2. Logo Design link: <https://forms.gle/8SBW24U2tDk1bPWq8>

**DATE: 09.03.2021 to 12.03.2021** **REGISTRATION FEE: Free**

**Certificate of appreciation will be given to the prize winners.....**  
**E-CERTIFICATES WILL BE GIVEN TO ALL THE PARTICIPANTS...**

In Association with Mahafashions Tailoring organizes a workshop on Sew & Glow on 06.03.2021 to celebrate the International Women's day. Ms. P. Arthy, Alumna of PG & Research Department of Commerce was a trainer for this workshop. Dr.S.Vanitha & Dr.K.Jothilakshmi Assistant Professors of Commerce were the convenors of the event. Nearly 183 students were benefited. The students understood the art of sew & got the idea to showcase as the active entrepreneur.

PG & Research  
Department of Commerce

in association with  
MAHAFASHIONS TAILORING

organises  
a workshop on

# SEW and GLOW

Platform  
Microsoft Teams

**A.P.C. Mahalaxmi College for Women**  
Recognized and Affiliated by MAAC  
Thoomukudi - 629002, Tamil Nadu, India.

**International Women's Day  
celebrations**

06<sup>th</sup> March, 2021  
10.00 A.M. IST

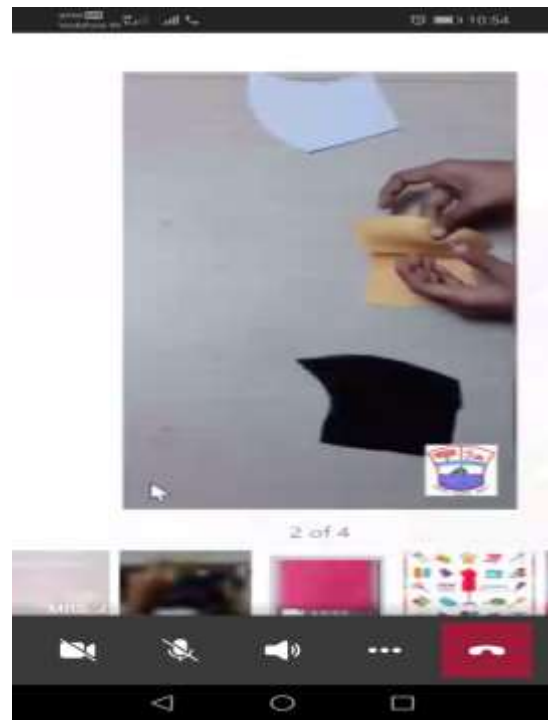
**Trainer**

**Ms. P. Arthy**  
Our Alumna

**Principal**  
Dr. N. Meenakumari

**Convenors**  
Dr. K. Jothilekshmi  
Dr. S. Vanitha

**All are cordially invited**



*N. Meenakumari*

**PRINCIPAL  
A.P.C. Mahalaxmi College For Women  
TUTICORIN - 2.**